

**2023 COUNSELING AND WELLNESS PROVIDER DIRECTORY (as of February 2023)**

County	Therapist/Group Name/Website	Phone Number	Address	Services				Foreign Languages Spoken	After Hours Services?	Military Service? Y/N	Family Member of a Veteran	Type of Counseling/Certifications	Accepting New Clients	Accepting VA Community Care
				Individual	Couples	Family	Group							
Chelan Douglas Kittitas	Veterans Counseling of Central Washington	509-667-8828	247 N Chelan Ave Wenatchee, WA 98801	Y	Y	Y	Y		case by case	Y		Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting. MSW, MA, LMFT, BA	Y	
Clallam	Dalis La Grotta Counseling Dalis Lisbet La Grotta, M.A., LMHC	360-797-1429	435 West Bell Street, Suite D Sequim, WA 98382	Y	Y	Y	Y	Spanish	5:00 - 7:00 Monday, flexible for accomodation	N		License Mental Health Counselor LMHC. International Certified Gambling Counselor IGCC-II. Board Approved Clinical Consultant BACC BAC1. Washington State Certified Problem Gambler II. WSGCC-II	Y	Y
Clark Cowlitz	Oasis Counseling Brenda Larson, M.A., LMHC, CMHS	360-751-7213	1339 Commerce Ave #316 Longview, WA 98632	Y	Y	Y	Y	None	5:00 - 6:00 pm	N		CBT, Trauma Focus: Military Veterans, Couples. Children-Play Therapy/Sand Tray. LMHC, CMHS	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Clark Ashworth, Ph.D.	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Y	Clinical Psychologist & Sex Offender Treatment Provider	Y	Y
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Ronald Graham, MSW, LICSW	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Y	Licensed Independent Clinical Social Worker Associate	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Kaali Sill, MSW, LMHC	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Y	Licensed Mental Health Counselor	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Emily McBlair, MS, LMHCA	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Y	Licensed Mental Health Counselor Associate	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Louis DiConti, MS, LMHCA	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Y	Licencensed Mental Health Counselor Associate	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Rochelle DiConti, MS, LMHCA	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Y	Licencensed Mental Health Counselor Associate	Y	
Franklin Benton Grant	Roberto Valdez, Ph.D.	509-551-7074	100 N Morain Street, STE 309 Kennewick, WA 99336	Y	Y	Y	Y	Spanish	Yes, some evenings and some Saturdays	N		Cognitive Behavioral and Cognitive Processing Therapy, SFBT, Evaluations and PTSD Support Groups	N	
King	Wendy David, Ph.D. www.seattlepsychology.com	425-891-5400	200 W Mercer Street, STE 111 Seattle, WA 98119	Y	Y	N	Y	Braille	Thursdays & Saturdays 8:30 - 5:00	N		CBT, Prolonged Exposure, ACT	Y	N
King	Iron Wheel Counseling Sam Schwartz Landrum, MSW, LICSW	206-605-8998	4719 University Way NE, STE 206 Seattle, WA 98105	Y	y	Y	N	None	Tuesdays, 6:00 -10:00 pm	N		CBT, Mindfulness skills, DBT skills, Prolonged Exposure and Cognitive Processing Therapy, Integrated Behavioral Couples Therapy	Y	

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King	Ronald Lowell, MSW, LICSW	206-902-7210	4719 University Way NE, STE 206 Seattle, WA 98105	Y	Y	Y	Y	None	4:00-8:00 M-F, Sat by appt	N		LICSW, CDP, MAC; Trauma focused treatments (Cognitive Behavior Therapies, Mindful Based Relapse Prevention, Prolonged Exposure, Motivational Interviewing, Tele-Mental Health)	Y	
King	Michael J. Phillips, Psy.D.	425-364-8740	310 Third Ave NE, #104 Issaquah, WA 98027	Y	Y	N	N	None	No	N		Licensed Psychologist	Y	
King	The Veteran Advisor Stephen Riggins, M.Ed., LMHC www.theveteranadvisor.com	206-898-1990	4500 9th Ave NE, STE 300 Seattle, WA 98105	Y	Y	Y	N	None	Yes, by appt only	Y AF		EMDR, Level 1 & 2 Men and Women, Court Advocate, Evaluations, LMHC	Y	
King	Tukwila Counseling & Consultation Services Bridgette Agpaoa Ryder, EdD, LMHC, SUDP	206-351-7001	16000 Christensen Blvd Suite 110 Tukwila, WA 98188	Y	Y	Y	N	None	No	N		Client Centered, Cognitive Behavioral, Dialectical Behavioral, Solution Focused, Motivational Enhancement Therapies, Service Coordination, Couples and Family Systems	Y	N
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	1336 S. 336th Street Federal Way, WA 98003	Y	N	N	N	None	No	Y Navy		CBT, EMDR, Trauma Informed Care	N	N
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	2704 "I" St NE Auburn, WA 98002	Y	N	N	N	None	No	Y Navy		CBT, EMDR, Trauma Informed Care	N	N
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	325 West Gowe St Kent, WA 98032	Y	N	N	N	None	No	Y Navy		CBT, EMDR, Trauma Informed Care	N	N
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	8444 Rainier Ave S Seattle, WA 98118	Y	N	N	N	None	No	Y Navy		CBT, EMDR, Trauma Informed Care	N	N
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	221 Wells Ave S Renton, WA 98057	Y	N	N	N	None	No	Y Navy		CBT, EMDR, Trauma Informed Care	N	N
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	26401 Pacific Hwy S Des Moines, WA 98198	Y	N	N	N	None	No	Y Navy		CBT, EMDR, Trauma Informed Care	N	N
King	Owls Well Counseling Maggie Yowell Wilson, LMHC www.maggiyowellwilson.com	206-606-3545	438 SW 4th Pl Renton, WA 98057	Y	Y	Y	Y	None	No	N		LMHC, child mental health specialist, geriatric mental health specialist, registered drama therapist, registered expressive arts therapist. Trained in CBTp, DBT, EMDR, Motivational Interviewing; use of play therapy and sandplay.	Y	N
King Pierce	Collaborative Behavioral Approach Rebecca Shaver, LMHC	253-355-7428	502 2nd Ave NE Puyallup, WA 98372	Y	Y	Y	N	None	By Appointment	N		LMHC, DVC, CBT, Trauma Informed Care	Y	
King Pierce	Allen Wellness Center Lisa Allen, MSW, LICSW allenwellnesscenter.org	253-213-2182	6212 75th Street West Lakewood, WA 98499	Y	Y	Y	Y	None	No	Y		CBT, CPT, DBT, CETA	Y	Y
King	Scott Morrison, LICSW	206-472-5821	4719 University Way NE, STE 206 Seattle, WA 98105	Y	N	N	N	None	Wed., Sat.	N		CBT-SUD, MET, motivational interviewing, narrative, mindfulness	Y	N
Kitsap	Mental Health Professionals, LLC Jody Stewart, M.A., LMHC	360-620-3722	820 Pacific Ave, Suite 201 Bremerton, WA 98377	Y	Y	N	Y	None	Mon -Thurs 9:00 - 8:00	N		MA, LMHC, CBT, DBT, CPT, ACT, WET	Y	Y
Lewis Cowlitz	Darlene Tewault, M.A., LMHC	360-330-2832	2340 Harrison Ave Centralia, WA 98531	Y	Y	N	N	None	Mon, Tues, Thurs 8:00 am - 7:30 pm Wed & Fri 8:00 am - 4:00 pm	N		BA, MA, Psych A Community Counselor, Natl Assoc for Forensic Counseling, Certification for Domestic Violence	Y	

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Mason Kitsap	Mental Health Professionals, LLC Adrian R. Magnuson-Whyte, Ph.D., LMHC, CCMHC, DCMHS www.mhp-llc.com	360-462-3320	2136 Olympic Highway North Shelton, WA 98584	Y	N	N	Y	None	No	Y British		Trauma-Focused CBT, Solution-Focused	Y	Y
Pacific Grays Harbor	Robert Holt, LMHC	360-532-4201	1210 Madison St Aberdeen, WA 98520	Y	Y	Y	N	None	No	N		LMHC, TF-CTB, Behavioral Specialist	N	
Pierce	Virginia Cailleteau, LICSW Guiding Humans	Horses 360-339-6084	26812 118th Ave E Graham, WA 98338	Y	Y	Y	N	None	No	N	N	Equine Assisted psychotherapy, motivational interviewing, cognitive behavioral therapy, solution focused therapy, mindfulness, somatic-aware therapies including Hakomi, trauma informed therapies	Y	Y
Pierce	Casteel Williams & Assoc. John Casteel, LMFT	253-536-2881	711 South 25th Street Tacoma, WA 98405	Y	Y	Y	Y	None	No	Y		LMFT, LMHC, DVC, Domestic Violence Supv, Substance Abuse Disorder Provesiona/SPV, WISE Program	Y	
Skagit Island Whatcom	Cantrell Counseling, Inc. Bridget C. Cantrell, Ph.D. www.bridgetcantrell.com	360-714-1525	1050 Larrabee Avenue, Suite 104, PMB 714 Bellingham, WA 98225 (offices in Mt. Vernon & Whidbey Island)	Y	Y	Y	N	None	Some later appointments available in Bellingham	N		Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, psycho-education, goal setting.	Y	
Snohomish	Tufts Counseling Jim Tufts, MSW, LICSW	425-385-3556	1814 105th St SE Everett, WA 98208	Y	Y	Y	N	None	5 pm is latest	N		trauma, abuse, depression, anxiety	Y	Y
Snohomish	Tufts Counseling Julie Androff Ohnemus, LICSW	425-412-0835	2326 Rucker Ave Everett, WA 98201	Y	Y	N	N	None	5 pm is latest	N		CBT, Mindfulness-based, Somatic-based, DBT	Y	Y
Snohomish	Tufts Counseling Chris Richards, MSW, LICSW	425-385-8520	1814 105th St SE Everett, WA 98208	Y	Y	Y	N	Some Spanish	Yes, for crisis	N		LICSW	Y	Y
Spokane	Pollack & Associates Dennis Pollack, Ph.D.	509-747-1456	301 W Indiana, STE C Spokane, WA 99205	Y	Y	N	N	None	Yes, as needed	N		Licensed Psychologist	Y	
Spokane	Brain Healing, LLC Jack Stell, LMHC, CDP www.brain-healing.net	509-221-0425	11504 E Fairview Ave Spokane Valley, WA 99206	Y	Y	Y	Y	None	1:00 to 7:00 Monday through Fri. Emergency appointments after hours on occasion. Available via email outside regular business hours	Y Navy	Y	EMDR Approved Clinician and Approved Consultant, Gorski Relapse Prevention Method, Neurofeedback, Psycho-educational Workshops, childhood and adult trauma, couples, Children ages 6+, LGBTQ friendly, MST	Y	
Thurston	Carel Camerer, MA, LMHC, LMT	360-352-7066	2237 29th CT NW Olympia, WA 98592	Y	Y	Y	Y	SEE (Signed Exact English)	No	N	Y	Advanced EMDR	Y	Y
Thurston	Virginia Cailleteau, LICSW Evenstar Counseling	253-257-9137	2024 Catpm Way SW. Suite 103 Olympia, WA. 98502	Y	Y	N	N	None	No	N	N	Somatic-based therapies including Hakomi, motivational interviewing, mindfulness, trauma informed therapies	Y	Y
Whitman	WSU Psychology Clinic / Walter Scott Conny Kirchhoff, Assistant Director www.psychologyclinicwsu.edu	509-335-3587	Johnson Tower, Rm 362 Pullman, WA 99164	Y	Y	N	Y	Spanish, Mandarin, Cantonese	Telephone crisis line	N		Evidence based trauma interventions, APA approved training site for doctoral Ph.D. students in Clinical Psychology	Y	
Yakima	Center for Counseling & Psychotherapy Duane Dolliver, M.S., LMHC, LMFC www.ccpwecare.com	509-966-7246	1015 S 40th Ave, STE 23 Yakima, WA 98908	Y	Y	Y	N	None	5:00 - 7:00 pm	N		Dual Certified Licensed Mental Health Counselor (LHMC) and Licensed Marriage & Family Therapist (LMFT). Over 25 years experience working with our Military, Veterans and their Families.	Y	

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VA Farms Orting Farm	Deborah Lopez	253-272-4432	26812 118th Ave E Graham, WA 98338	Y	Y	Y	N	None	10:00 - 7:00 pm	N		Trauma Focused, Complex Trauma, Systems, Solution-Focused	Y	N