

*"Serving Those Who Served"*



Contact your WDVA  
TBI Coordinator at  
**800-562-2308**  
[www.dva.wa.gov](http://www.dva.wa.gov)

Download for  
**FREE Today!**



**Max**, YOUR  
Virtual Service Dog,  
is here to make an  
**IMPACT**

A FREE App Designed to  
Help Empower Veterans,  
Family, Friends & Caregivers.

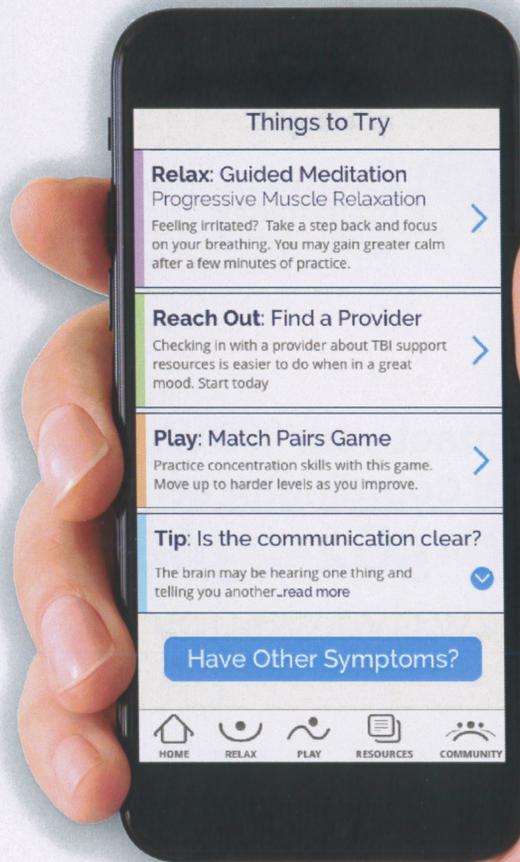
# A FREE App Designed to Help Empower Veterans, Family, Friends & Caregivers.

“Max Impact” is a mobile application designed to aid and empower Washington State Veterans and their families to self-identify and self-manage symptoms of traumatic brain injury, while also providing current resources available to assist them.

## Who Should Use Max Impact?

Traumatic Brain Injury is a serious widespread problem. Even a mild TBI (concussion) can leave long-term effects such as ringing in the ears (tinnitus), migraine or headaches and having a “short fuse” when it comes to emotions. Max Impact is an anonymous tool that helps Veterans identify if symptoms may be related to a TBI. Max Impact helps the user manage symptoms on their own, or with help!

## Download for FREE Today!



**Max IMPACT**  
TBI ASSISTANT  IS A  
**FREE TOOL**  
WITH YOU IN MIND!

*Do you want to...*

...know if your symptoms may be related to a TBI?  
**Take the screener!**

...learn more about TBI?  
**Check out the FAQs**

...learn to manage your symptoms and increase “brain strength?”  
**Use the tools and brain games.**

...learn how to better relax?  
**Utilize our breathing and relaxation tools.**

...connect with other veterans with TBIs?  
**Max Impact has you covered there too!**