

# The Veteran client and TBI - What they want you to know to help them succeed

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# Often overlooked and misunderstood

Wednesday, September 21  
Ball-A-Palooza! 5000 golf balls will be dropped from a helicopter for a chance to win great prizes. Sponsored by the N.E.W. Curative Rehabilitation, Inc., with all proceeds going directly into the Brain Injury Program. The event is located at the Bisbee Range and Golf Center, 4019 Hwy

**I am still the same person, my processor is just slow. I constantly do updates, but there aren't many available for the model I have. Please don't abandon me. I am still the same person.**

*~a brain injury survivor*

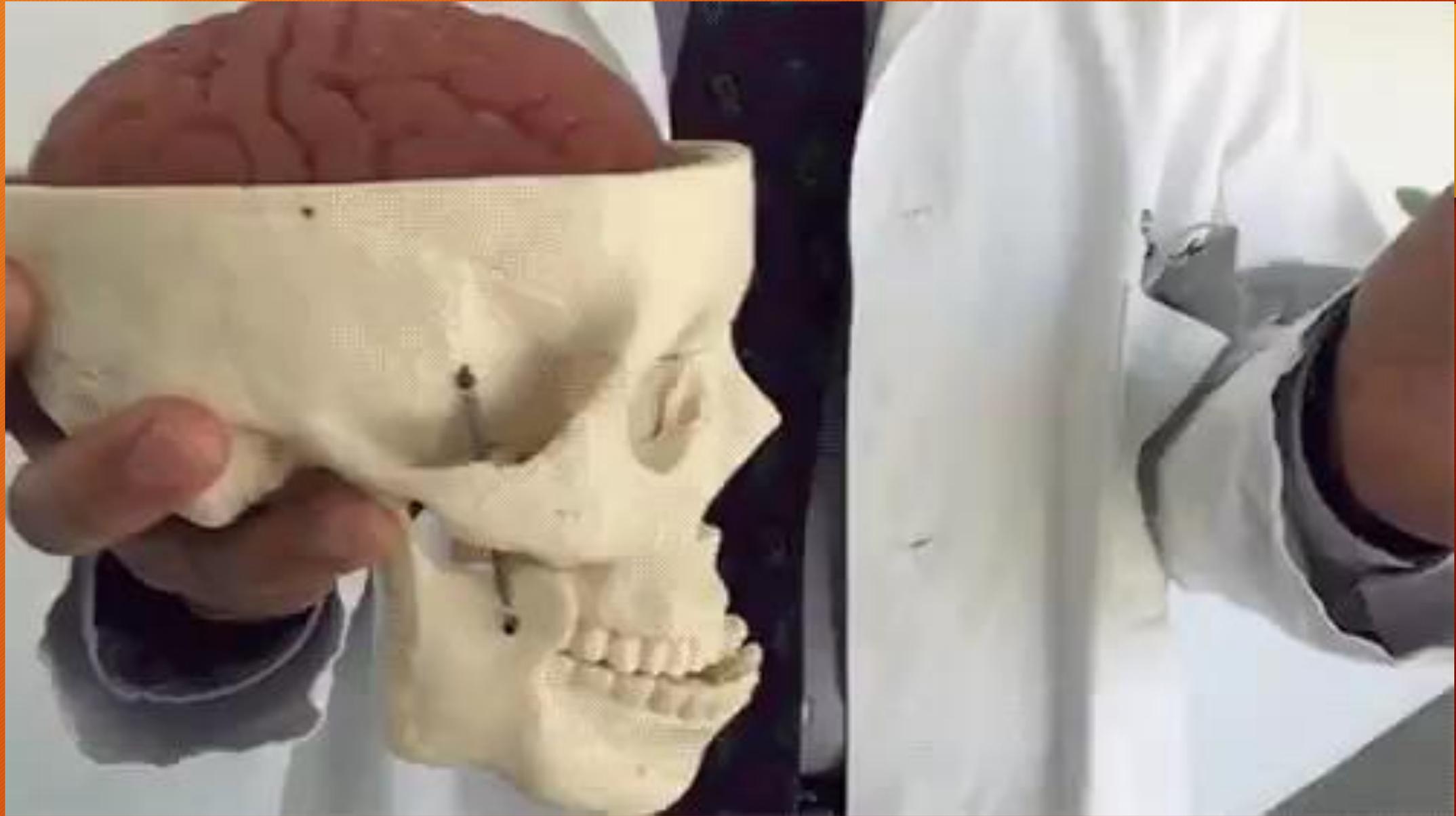




## TOP 4 CAUSES OF TBI

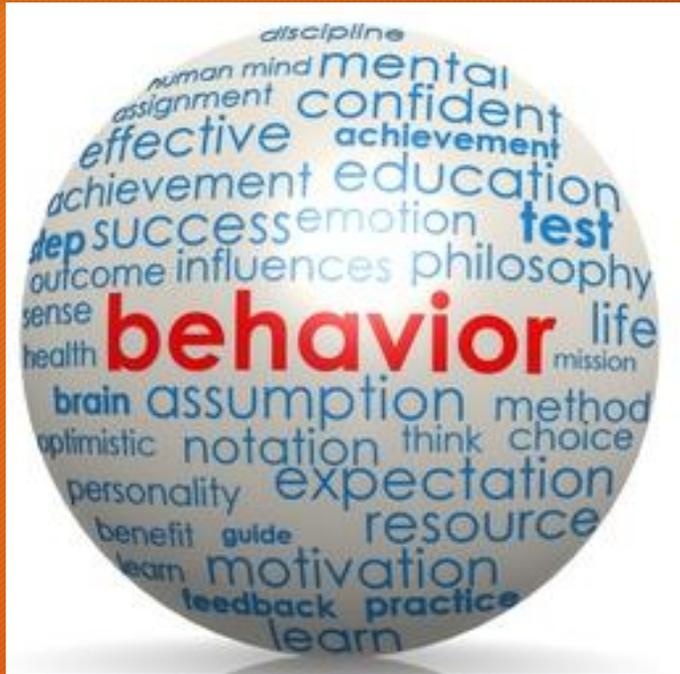
1. Falls - **35.2%**
2. Motor vehicle –  
traffic - **17.3%**
3. Struck by/against  
events - **16.5%**
4. Assaults - **10%**







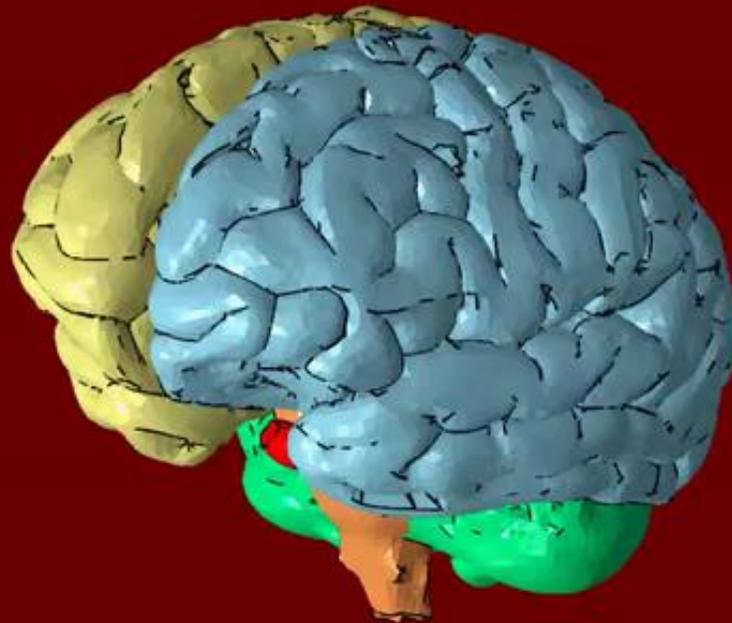
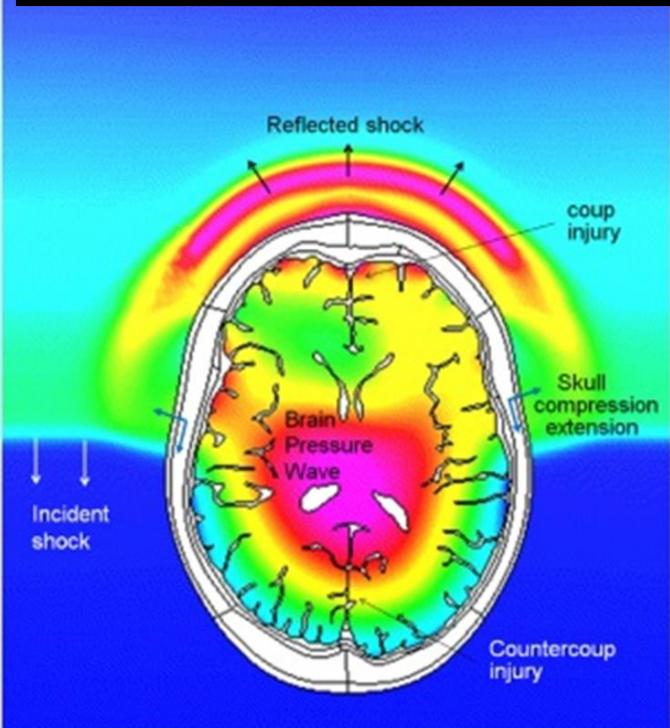
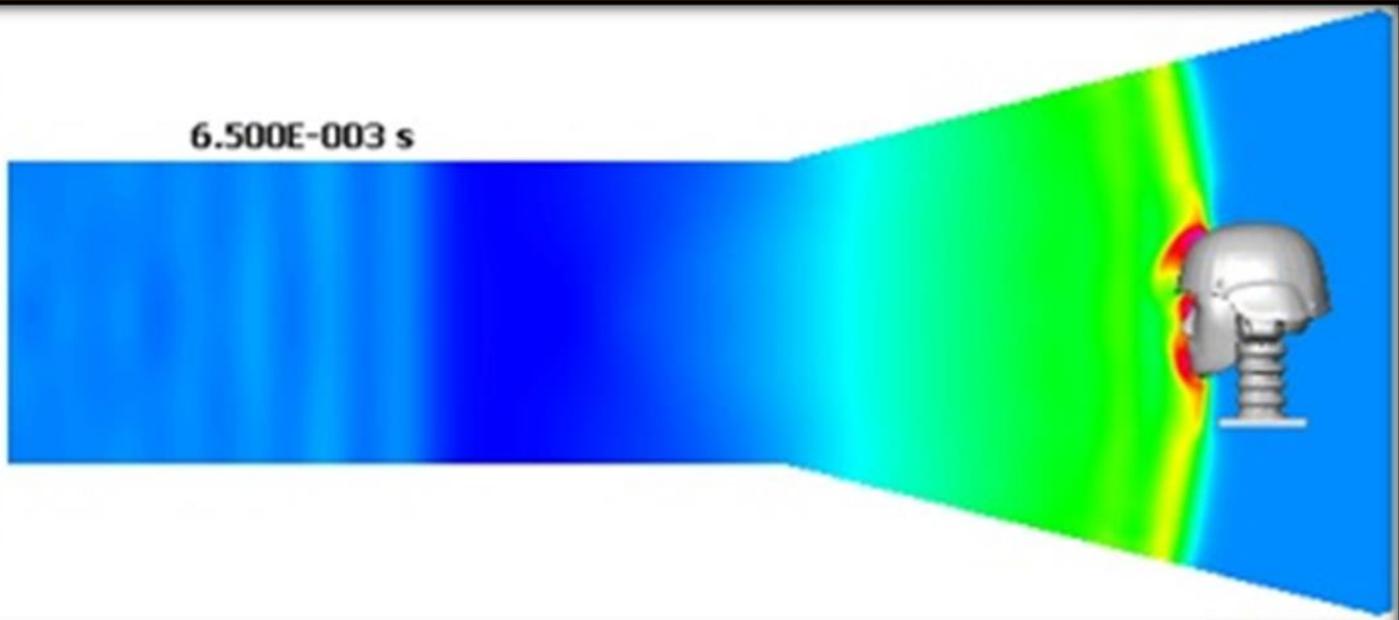
# TBI- Common Symptoms







6.500E-003 s



BEFORE TBI



AFTER TBI



## BEFORE TBI



Figure 1. Energy allocation by the brain prior to Concussion/mTBI.

## AFTER TBI



Figure 2. Lack of reserve energy to assist with recovery of the brain following a concussion/mTBI, in a time where you need excess energy for everyday function.

# Recognizing/evaluating AKA Diagnose VS. ?



**Screeners** TBI Support

H - Have you ever Hit your head or been Hit on the Head, or Have you been exposed to a blast or a violent pressure change?

Yes

No

See Examples +

E - Were you ever seen in the Emergency room or hospital, or by a doctor or any medical personnel, because of an injury to your head?

Yes

No

See Examples +

L - Did you ever Lose consciousness or experience a period of being dazed and confused because of an injury to your head?

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**Screeners** TBI Support

Poor problem solving

Difficulty performing your job/school work

Change in relationships with others

Poor judgment (being fired from job, arrests, fights)

I have not experienced any of these problems since hitting my head or exposure to a blast/change in pressure

S - Can you recall any significant Sicknesses that may have injured your brain?

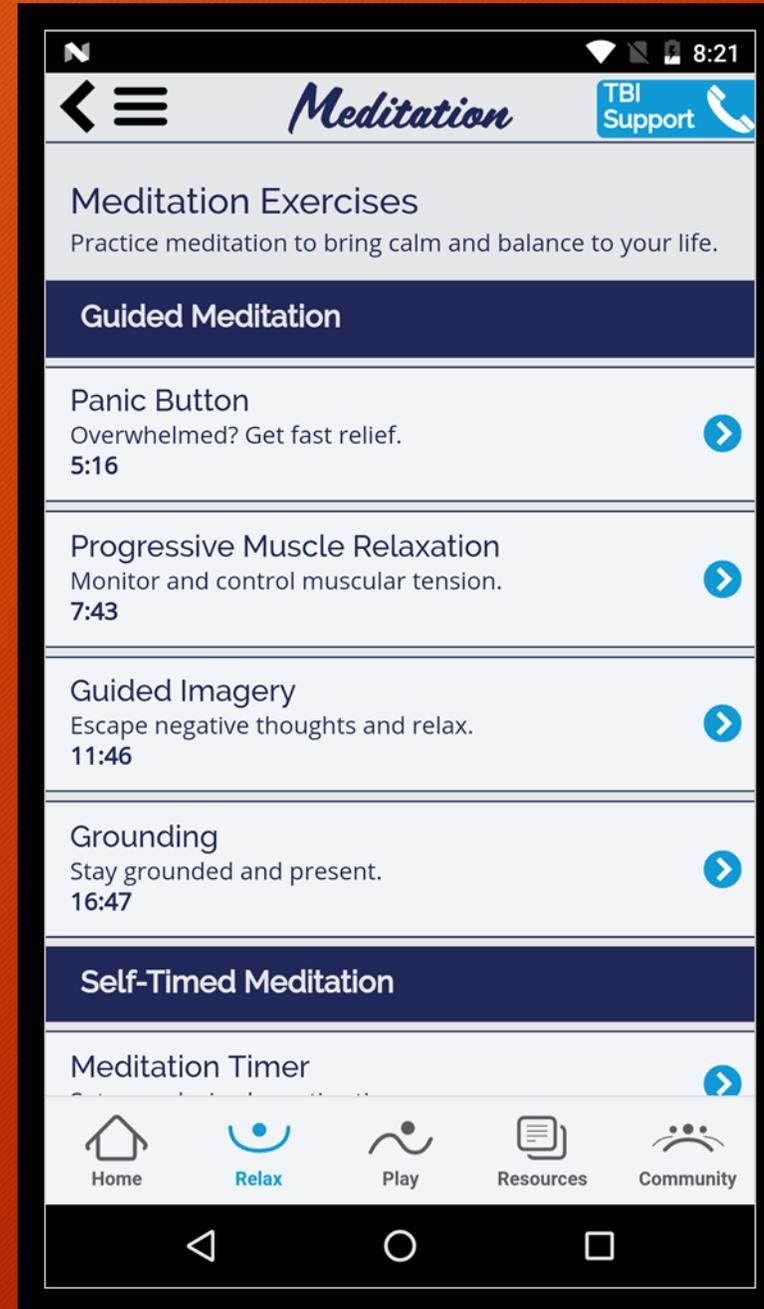
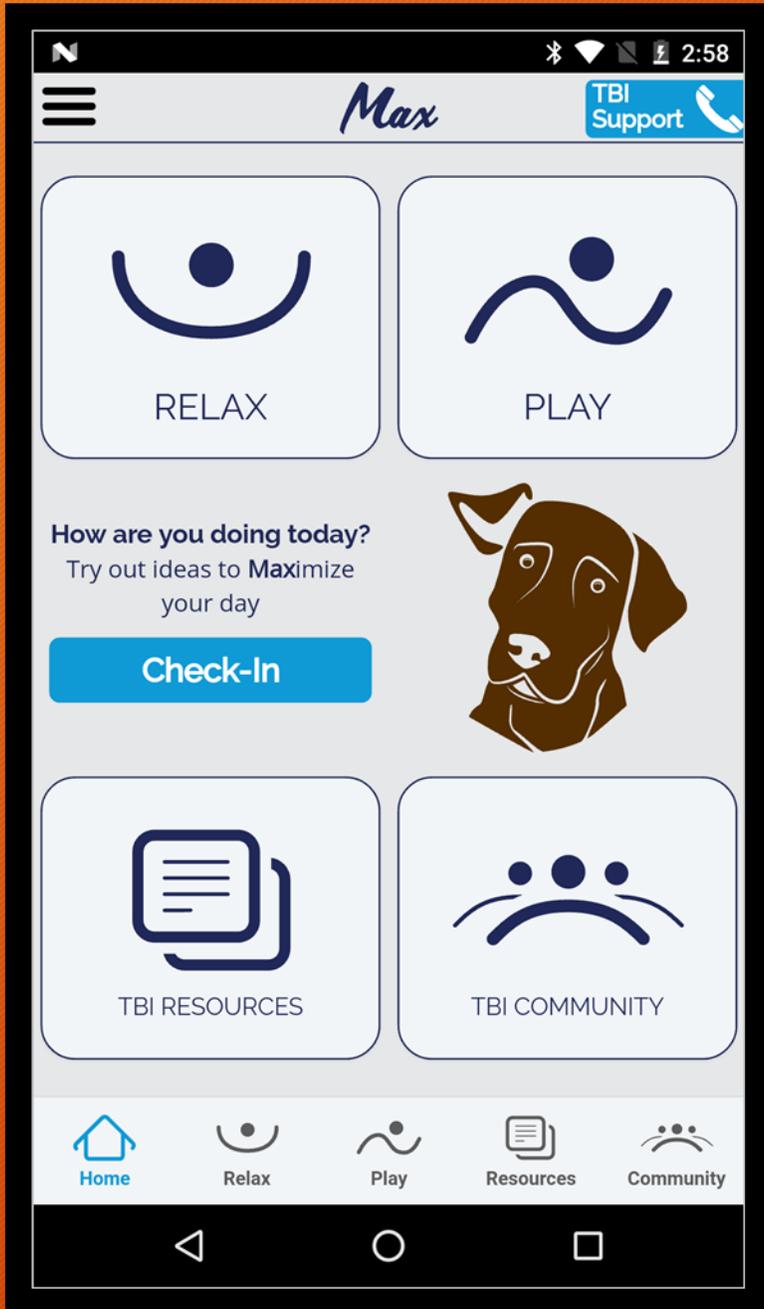
Yes

No

See Examples +

**Finish**

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## EYEWEAR FOR MIGRAINE

90% of migraineurs are sensitive to light

Researchers have discovered that by blocking certain wavelengths of light, migraine sufferers report both reduced frequency and severity of migraines.

[TRY NOW](#)

AT&T LTE 9:18 AM

← ≡ Sounds TBI Support

### Soothing Sounds

Select a sound to block out distractions.



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AT&T LTE 9:18 AM

← ≡ Sounds TBI Support



[Finish](#)

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THANK FOR USING SPACEWARE <3 YOU!

32 lux  
max: 2,471



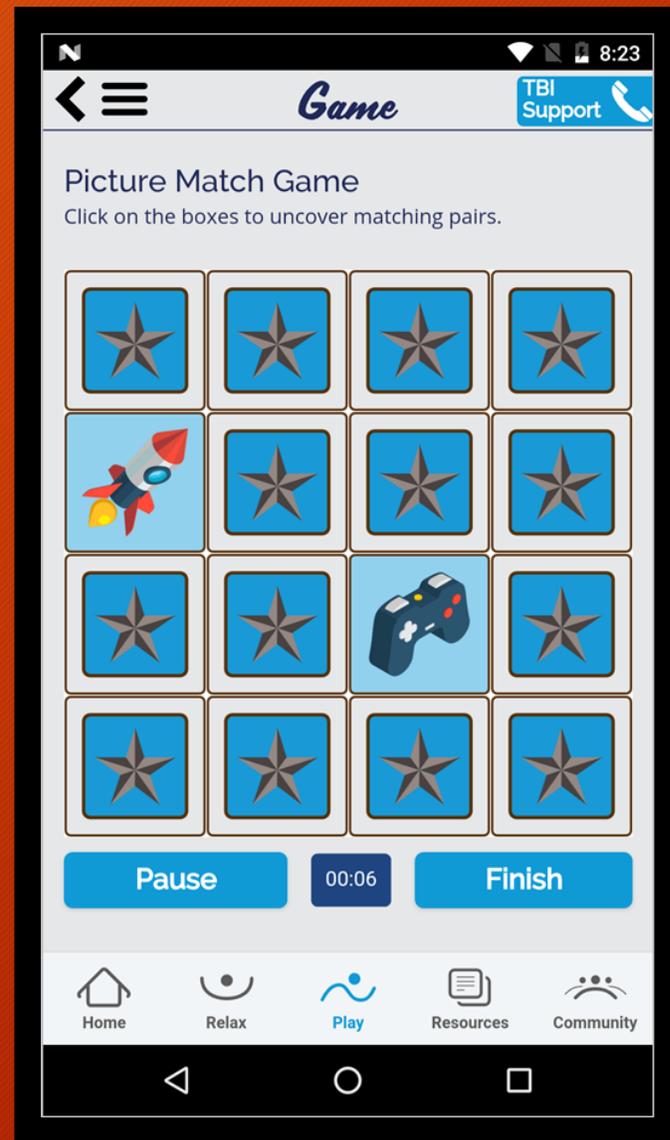
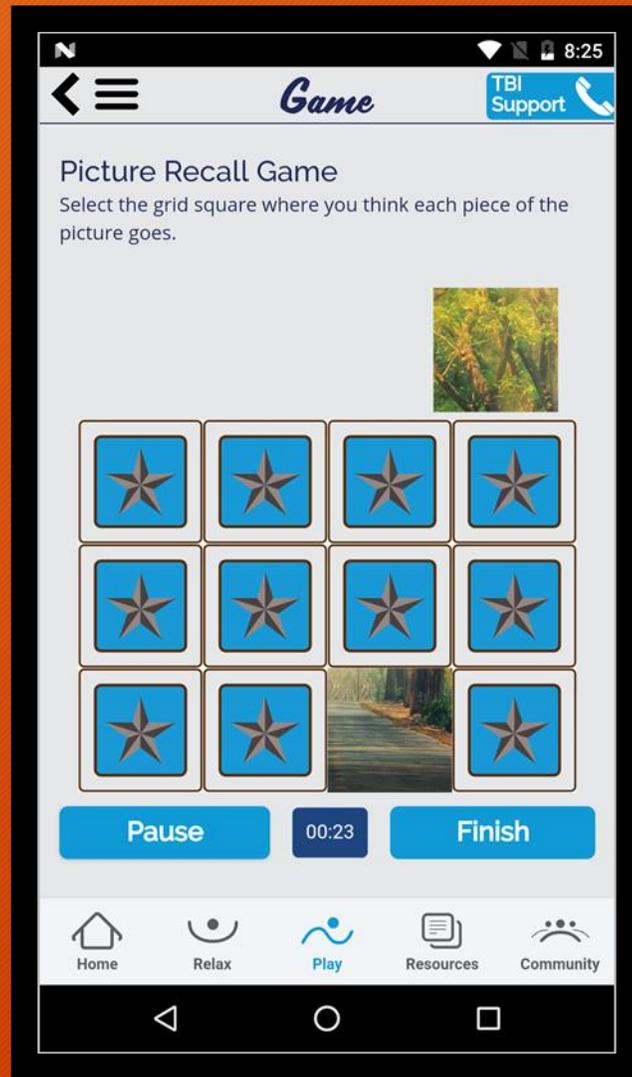
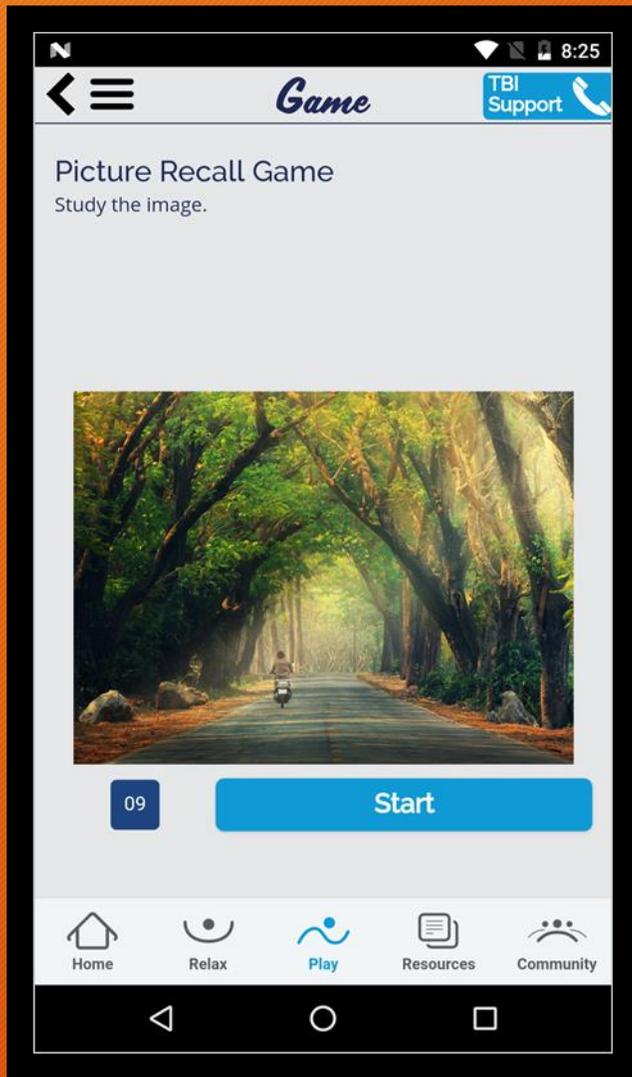
Lightbulb  
[Reset Max.](#)

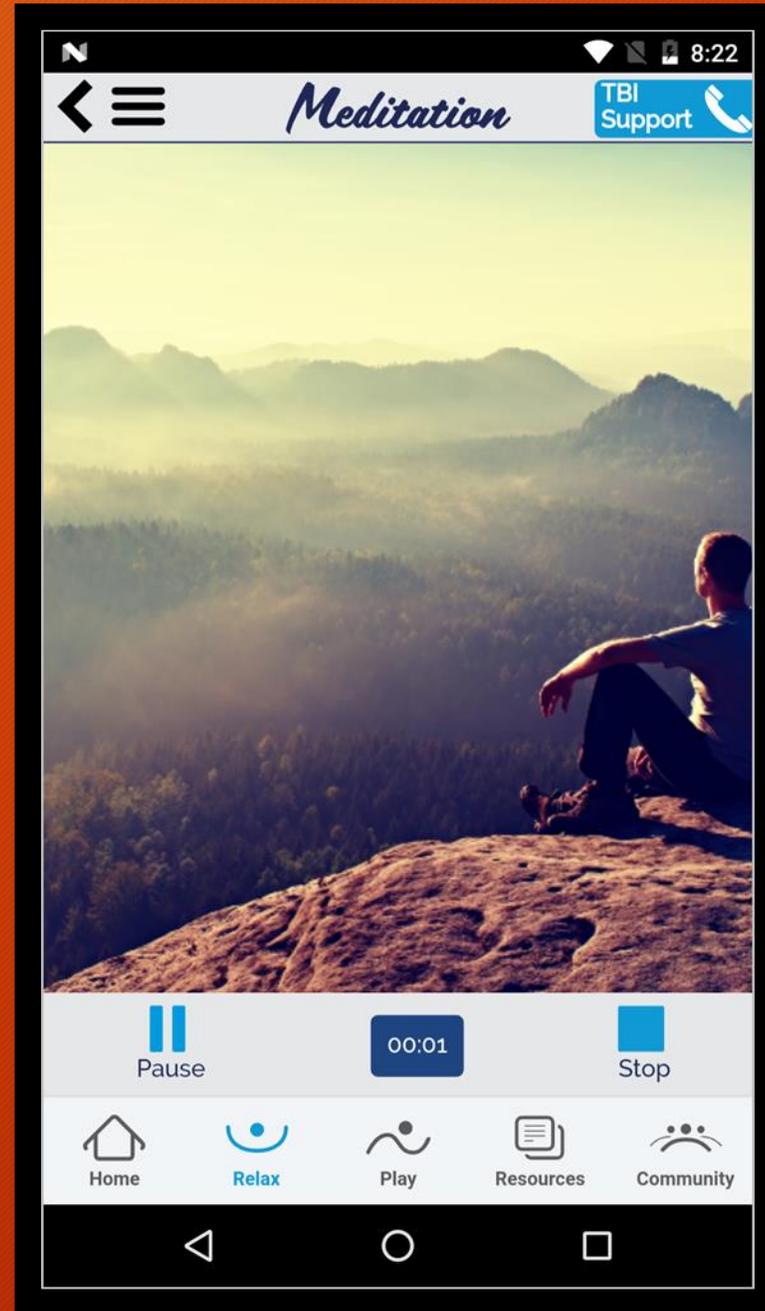
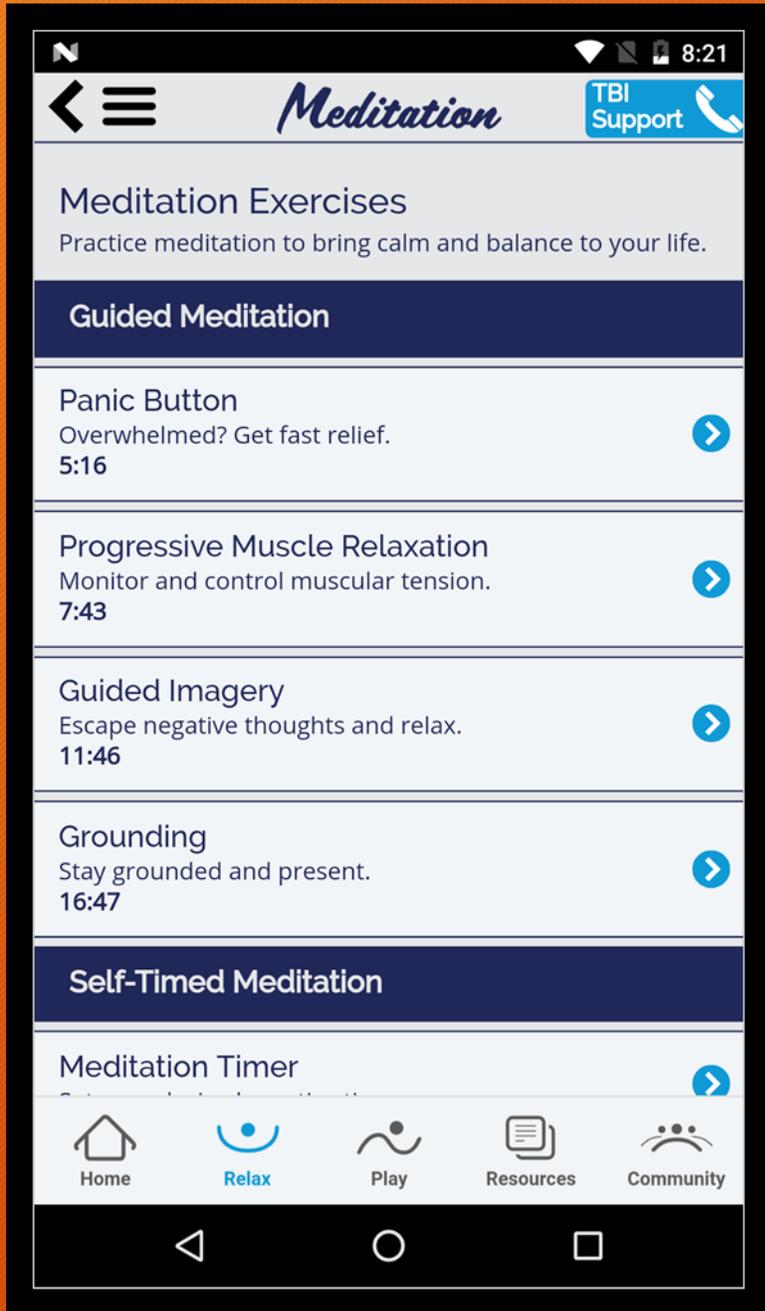
Sound Meter 3:49 PM



42 dB  
Smart Tools

- 110dB: Rock music, Screaming child
- 100dB: Subway train, Blow dryer
- 90dB: Factory machinery at 3 ft.
- 80dB: Busy street, Alarm clock
- 70dB: Busy traffic, Phone ringtone
- 60dB: Normal conversation at 3 ft.
- 50dB: Quiet office, Quiet street
- 40dB: Quiet residential area, Park
- 30dB: Quiet whisper at 3 ft, Library
- 20dB: Rustling leaves, Ticking watch





# New Rules for Veterans Disability Related to Brain Injury (TBI)



# What can you do?

- Become informed, not necessary to be an expert.
- Use the screen but understand its limitations
- Hand out the fact sheet
- Warm vs cold hand-offs
- Questions?
- Thank you!!!

**DEPARTMENT OF VETERANS AFFAIRS**  
"Serving Those Who Served"

## Traumatic/Acquired Brain Injury Program

THE TBI PROGRAM AT YOUR WDVA OFFERS SERVICES AND PROVIDES RESOURCES RELATED TO TBI/ABI

### Why Focus on TBI?

- Over 8% of Washington residents are veterans.
- As many as 1 in 5 that served in recent conflicts may have sustained a TBI/ABI.
- 79% of Washington Veterans do not get health care at the VA and receive health care from community providers.
- These veterans are our neighbors, friends, family, and employees who struggle on a daily basis with an invisible and often unrecognized disability.
- The leading cause of TBI in a war zone is from exposure to blasts though they can occur from everyday activities such as falls or car accidents
- Symptoms can be subtle and often go unnoticed or are attributed to other conditions.
- Undetected, TBI/ABI can cause severe problems in a veteran's life.

### Who do we serve?

- > Veterans: Any veteran. The WDVA TBI/ABI program serves all veterans regardless of period of service.
- > Service members: Including National Guard and Reserves.
- > Family members of veterans with TBI/ABI.
- > Mental health or medical providers caring for veterans with TBI/ABI.
- > Institutions of Higher Learning.
- > Employers of veterans with TBI/ABI.
- > **Anyone who wants to learn more about how to help a Veteran with TBI/ABI.**

### What do we provide?

- > Case management, one-on-one assistance, and advocacy to veterans with TBI/ABI.
- > Support and education to service members, and family members.
- > Screening tools and training in TBI/ABI/PTSD detection.
- > Employer support services.
- > Clinical staffing, education, and awareness training services for mental/behavioral health providers and medical providers.
- > Case consultation.
- > Treatment program evaluations and consultations.
- > Staff training.
- > Support group presentations.
- > Resource tables at conferences and summits.

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### What is the cost?

 Zero - All services are free of any charge. (The WDVA TBI/ABI Program is funded by a Washington State TBI Council grant.)