April 2, 2020

To all Residents, Family Members and Employees of Spokane Veterans Home,

I am sending this update out to everyone in an effort to provide each of you with the very latest updates and activities at SVH. Uncertainty regarding the pandemic and the constant way it has overtaken every aspect of our lives both personally and professionally has caused considerable stress and ambiguity in all our lives.

I want to personally express my heartfelt thanks to all of our heroic staff here at the facility. Their continued commitment to safeguarding the lives and health of our residents while balancing their personal and professional commitments is truly humbling.

Staff and Screening
In addition to daily screening including standard questions and a temperature check, we have added a secondary level of screening of our employees and service providers. This second step allows our clinical staff to assist with decisions on whether to allow employees and other essential service providers to continue on to their appointed shift using CDC and Department of Health Guidance and a well-defined decision tree. It also gives our clinical team a chance to answer any questions the employee may have on the decision and what other steps they might want to take.

COVID-19 tests and results are reported on our website at www.dva.wa.gov/covid. This site is updated as frequently as we receive results. If a staff member is tested for COVID-19, they will not return to work until test results are received. If a staff member is diagnosed with COVID-19, they will return to work only under one of the following conditions:
- a negative test; or
- documentation from a physician releasing the employee to work; or
- documentation from a County health department releasing the employee to work.

COVID-19 Testing
To date we have tested 10 residents with 10 negative results.

Five employees have been tested by the county or their personal health care providers resulting in 3 negative, 1 positive and 1 pending. When one of the criteria in the Staff and Screening section above is met, an employee will be returned to work, will wear PPE in accordance with CDC or Department of Health requirements, and will undergo daily screening in the same way that all staff are being screened. You can find additional information on the return of Health
Care Providers at:

**Personal Protective Equipment (PPE)**
We are still experiencing challenges in obtaining the recommended quantities of PPE as is everyone in the healthcare field. We have sufficient supplies on hand for the immediate future and continue to scour any and all resources for further stock. If you have knowledge of possible resources for PPE supplies please let us know. Manufacturers and volunteers of all types are stepping up to provide resources such as face masks, face shields, full-length washable isolation gowns, and other equipment. We are grateful for the community’s response.

**Clinic and Clinical Leadership**
Under the direction of our nursing management staff and our physicians, we have been able to keep up with the ever-changing information we are receiving from federal, state and local health departments. They continue to do a masterful job of providing us with the best direction and leadership possible.

We have isolated a semi-private room in the event a resident is displaying signs and symptoms and is being tested. If we have multiple residents experiencing the signs and symptoms, they will be placed on isolation precautions. We are closely monitoring every resident 4 times a day for elevated temperatures and other symptoms associated with infections. If a resident displays any of these signs will be placed on isolation and tested for COVID-19.

**Activities and Visitors**
The “No Visitors” rule remains in effect for an indeterminate length of time; however, we are working hard to connect residents to their family members using video and phone calls.

Our Activity Department has fully activated virtual visits to provide residents and family an opportunity to connect via the internet. We have been averaging multiple visits per day and hope to expand on this opportunity as time and equipment allow. If you would like more information on scheduling a time to virtually visit with your loved one, please feel free to contact Jennette Sauer-Smith at 509-344-5788.

Resident activities are being provided through smaller group activities that meet the 6-foot social distancing requirement, and through some innovative restructuring of all-time favorites such as in room bingo and smaller and more frequently scheduled group activities for exercise and other activities. We thank all of you for your inquiries as to how you can help the residents during this time and I believe the activities department has been able to get a number of creative ideas from many of you.

**Dietary**
Our meal service has been restructured with the majority of our residents receiving and eating meals in their rooms. The dining areas are still used to serve residents who require assistance
and supervision during the meal times. Ancillary staff have been scheduled to each unit for each meal to help assure that the meal trays are delivered timely to help assure that the food remains at the correct temperatures. The dietary staff have done a wonderful job of adapting each time a change in service must be implemented.

Our dietary supervisor asked me let everyone know that the springtime menus revisions are in the works and will come out very soon.

Facility Maintenance
Our Housekeeping, Maintenance and Laundry departments have also stepped up in assuring that our facility, equipment and linen are kept clean and sanitized. We have added additional hours to the housekeeping team in order to stay on top of continuous disinfections of all of the most commonly touched surfaces within the building along with the daily cleaning, sanitation, and repair routines that they provide.

Administration
Our Administration team continues to provide outstanding customer service, answering calls and delivering mail and packages from families and friends. The veterans benefits specialists continue to connect veterans to earned benefits and compensation, while the cashier processes payments and updates the Resident Trust accounts.

All of our staff in all of our departments are doing an outstanding job of adapting and moving forward. It truly takes a village of people in every department who are willing to step up bravely and assist when called upon. I could not be prouder of the staff and I am glad to have the opportunity to work with all of them.

Sincerely,

Patrick McNabb, Administrator
Spokane Veterans Home
Department of Veterans Affairs