

PRIORITY AREA 1: SCREENING AND IDENTIFYING SMVF

Goals	Strategies (Including EBPs, BPs)	Resources & Inputs	Outcomes & Evaluation Measures (Short Term)	Process (Output) Measures	Action Items	Responsible Person(s)	Timeline
1. Healthcare providers and other community partners are informed on how to appropriately identify SMVF and provide support with an understanding of military culture and promising practices.	1. Promote and conduct military cultural competency trainings for healthcare providers outside the VA and community partners who interact with SMVF.	<p>HAVE</p> <ul style="list-style-type: none"> • WDVA trainings • Forefront Safer Homes Training • NIVA and NARA training (Training to Native American Tribes) • Psych Armor • Post Deployment Health Clinic • US VA Training <p>NEED</p> <ul style="list-style-type: none"> • Faith-Based Organizations • OSPI • Inventory of available trainings 	<p>Cultural Competency Trainings will result in an overall positive change in:</p> <ul style="list-style-type: none"> -Understanding of unique needs and resources for SMVF -Endorsement of importance of SMVF culturally competent care -Ability to identify ways to improve care to promote cultural competency -Intentions to act on what they learned 	<p>Cultural competency training measurements</p> <ul style="list-style-type: none"> • #/% of target population contacted • methods of contact • # trainings scheduled • # trainings held • # participants • # and type of participating organizations • Training fidelity to curriculum <p>• Participant satisfaction</p> <p>• Likelihood to recommend</p> <p>• Recommendations for improvements</p>	<ul style="list-style-type: none"> • Contact Veterans Training Support Center (VTSC), Psych Armor to offer trainings on Cultural Competency and/or Moral Injury. • Connect with Forefront for a mailing list • Provide 1 training per month, possibly virtually. • Adjust Cultural Competency training, within the next year, to target specific populations (i.e. children/schools) 	<p>Peter Schmidt, Psy.D.</p> <p>Codie Garza</p> <p>C&W Team</p> <p>DVA & OSPI collaboration</p>	<p>January 2021</p> <p>COMPLETE</p> <p>January 2021 – July 2021</p> <p>July 2021</p>
	2. Promote and conduct moral injury trainings for healthcare providers outside the VA who interact with SMVF			<p>Moral injury trainings will result in an overall positive change in:</p> <ul style="list-style-type: none"> -Ability to define moral injury -Ability to identify moral injury and discriminate it from PTSD -Understanding treatment options 	<p>Moral injury trainings:</p> <ul style="list-style-type: none"> • #/% of target population contacted • methods of contact • # trainings scheduled • # trainings held • # participants • # and type of participating organizations • Training fidelity to curriculum <p>• Participant satisfaction</p> <p>• Likelihood to recommend</p> <p>• Recommendations for improvements</p>	<ul style="list-style-type: none"> • Develop pre and posttests to evaluate understanding and knowledge • Provide an evaluation for each training • Develop pre and posttests to evaluate understanding and knowledge • Provide an evaluation for each training 	<p>Team 1</p> <p>Team 1</p> <p>Team 1</p> <p>Team 1</p>

<p>2. Community healthcare providers are informed on how to appropriately screen for suicide risk</p>	<p>1. Promote and encourage implementation of consistent suicide screening and referral process of SMVF by community providers</p> <p>2. Promote VA “Never Worry Alone” program for community providers to access</p>	<p>HAVE</p> <ul style="list-style-type: none"> •Zero Suicide •NASW •APA •AMA •NARA •NIVA •Forefront •Federal and State Agencies 	<p>Consistent suicide screening will result in a positive change in self report of:</p> <ul style="list-style-type: none"> - Knowledge of how and when to use CSSR-S - Report of using CSSR-S - Familiarity and comfort with SMVF resources for referrals - Report making appropriate referrals <p>Promoting VA program will result in a positive change regarding healthcare provider self-report of:</p> <ul style="list-style-type: none"> - Knowledge of the consultation program - Report of using the program - Confidence and comfortability screening and referring at-risk Veterans 	<p>Screening and Referral</p> <ul style="list-style-type: none"> • #/% of target population contacted • methods of contact <p>Pre & Post Assessment/Evaluation of Suicide Prevention Measures</p> <p>VA Program Promotion/Education</p> <ul style="list-style-type: none"> • #/% of target population contacted • # of willing participants • methods of contact <p>Pre & Post Assessment/Evaluation of program use and comfortability</p>	<ul style="list-style-type: none"> • Contact community providers for buy in and pre-assessment • Recommend suicide screening tools for those who seek care in the community (TRICARE, USPSH, Multi Care) • Liaison training on suicide prevention measures to other organizations i.e.; VA, Center for Deployment Psychology • Develop pre & Post assessment/evaluation tools • Create a list of community providers to contact • Develop script & materials for program education • Develop Pre & Post assessment/evaluation tools 	<p>Codie Garza & Jenn Hogge</p> <p>Codie Garza & Jen Hogge</p> <p>Team Members 1</p> <p>Team Members 1</p> <p>Codie Garza & Jennifer Hogge</p> <p>Codie Garza & Lisa Sporre(?)</p> <p>Team Members 1</p>	<p>January 2021</p> <p>July 2021</p> <p>January 2021</p> <p>December 2020</p> <p>January 2021</p> <p>January 2021</p> <p>January 2021</p>
<p>3. Create and promote an environment that allows SMVF to feel comfortable, confident, and safe to seek assistance regarding suicidal ideation, behavioral</p>	<p>1. Create National Guard targeted media campaign to promote help seeking behavior and available community resources</p>	<p>HAVE</p> <ul style="list-style-type: none"> • Guard/reserve leaders 	<p>Media campaign will result in change regarding exposed SMVF self-report of:</p> <ul style="list-style-type: none"> - Attitudes regarding stigma associated with seeking help for mental health concerns - Increased intentions to seek help if needed - Decreased concerns about threat to job readiness 	<p>Media Campaign:</p> <p>Reach</p> <ul style="list-style-type: none"> • # of SMVF exposed • # Activities/Events performed <p>Social media utilization</p> <ul style="list-style-type: none"> • # of likes • # of retweets/shares • # of reactions <p>Materials</p> <ul style="list-style-type: none"> • # of materials distributed 	<ul style="list-style-type: none"> • Meet with leadership to discuss and promote help seeking behavior campaign • Evaluate what is going on in the community to share with leadership • Push current existing National/Guard application available to members of Guard/Reserves 	<p>Carl Steele</p> <p>Team Members 1</p> <p>Carl Steele, WDVA, PAO at Forefront</p>	<p>January 2021</p> <p>January 2021</p> <p>IN PROGRESS</p>

<p>health, growth, and wellness.</p>	<p>2. WDVA will collaborate with various Tribal subject matter experts to create and offer training and education to local (not Tribal) county law enforcement and first responders regarding involvement with Tribal Veterans experiencing mental health crisis</p>	<p>HAVE</p> <ul style="list-style-type: none"> • Foot in the door connections with tribal community <p>NEED</p> <ul style="list-style-type: none"> • More buy and communication with Tribal leaders and SMEs 	<p>WDVA/Tribe Collaboration will result in a positive change regarding:</p> <ul style="list-style-type: none"> - Understanding of Tribal Veteran risk factors - Understanding of resources available to Tribal Veterans experiencing mental health crisis - Identification of Tribal Veterans - Use of appropriate/agreed upon process for Tribal Veterans experiencing mental health crisis 	<p>WDVA/Tribe Collaboration</p> <ul style="list-style-type: none"> # of tribe & county buy in/participation # of trainings provided 	<p>https://www.facebook.com/JSSWA/</p> <p>Connect with more Tribal leaders and SMEs</p> <p>Determine with Tribal leaders and SMEs what appropriate actions should and can be taken in the event of a Tribal Veteran mental health crisis</p> <p>Get buy in from local law enforcement</p> <p>Develop protocol and education/training materials for local law enforcement</p>	<p>Codie Garza & Lavada Anderson</p> <p>Codie Garza & Lavada Anderson</p> <p>Codie Garza</p> <p>Codie Garza & Tribal leaders/SMEs</p>	<p>January 2021</p> <p>April 2021</p> <p>June 2021</p> <p>August 2021</p>
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PRIORITY AREA 2: PROMOTING CONNECTEDNESS AND IMPROVING CARE TRANSITIONS

Goals	Strategies (Including EBPs, BPs)	Resources & Inputs	Outcomes & Evaluation Measures (Short Term)	Process (Output) Measures	Action Items	Responsible Person(s)	Timeline
1. Implement cultural competency trainings to direct service providers and frontline staff	1.Ensure cultural competency training outlined in priority area 1 is a standard part of the required CE trainings healthcare providers across the state must engage in on a regular, on-going basis	<p>HAVE</p> <ul style="list-style-type: none"> • Veteran training support center-best practice (King Co. currently). • Peer-to peer program <p>NEED</p> <ul style="list-style-type: none"> • Financial resources to expand statewide; • Acknowledgement of “Ready to Serve Veterans” certification 	<p>- Increased participation in, and awareness of, resources available to them (all target pops)</p> <p>- Increased access to information about and understanding of unique needs and resources for SMVF</p>	<ul style="list-style-type: none"> • #/% of target population contacted • methods of contact • # trainings scheduled • # trainings held • # participants • # and type of participating organizations • Training fidelity to curriculum • Participant satisfaction • likelihood to recommend • recommendations for improvements • # CEUs earned 	<ul style="list-style-type: none"> • Determine how to get a mandated training in place • Review current gatekeeper training programs and Veteran culture training to synchronize • Synchronization meeting • Develop cross-jurisdictional plan • Review curriculum & speaker selection • Map needs of specific counties to speakers • Partner w/ and train non-governmental organizations • Compare notes with Groups 1 & 3 	<p>Andrew Holstine</p> <p>Larry Pruitt</p> <p>WDVA, VHA, DOH, NGO all identify training goal</p> <p>Larry Pruitt</p>	<p>ON HOLD</p> <p>August 2020 NOT COMPLETE</p> <p>ON HOLD</p> <p>COMPLETE</p>

<p>2. Increase and encourage SMVF to contact and enroll with VHA and VBA</p>	<p>1. Develop, maintain, and share comprehensive list of non-profit, state, and federal resources and agencies.</p> <p>2. Strengthen and expand existing peer support programs with VA collaboration to support the central resource repository</p> <p>3. Increase the number of eligible Veteran Service Officers</p>	<p>HAVE</p> <ul style="list-style-type: none"> • Current Virtual Workspace tools exist and would need to be leveraged and utilized to support this goal. DVA.wa.gov website <p>NEED</p> <ul style="list-style-type: none"> • VA & WDVA develop a “Ready to Serve Veterans” certification program <p>HAVE</p> <ul style="list-style-type: none"> • Current WDVA Peer Corps Program • Network of trained peer specialists located across the state <p>NEED</p> <ul style="list-style-type: none"> • Funding to expand program • Connection to VA peer specialists <p>HAVE:</p> <p>Connections to legislators; Working model</p>	<p>Central Repository would result in an increase in:</p> <ul style="list-style-type: none"> -Endorsement of importance of SMVF culturally competent care -Ability to identify ways to improve care to promote CC <p>-Intentions to act on what they learned</p> <p>Peer Support Program will result in an increase of:</p> <ul style="list-style-type: none"> - connection of Veterans to their community - increase knowledge of local resources among Veterans in the community <p>Increase of VSOs will result in an increase of:</p> <ul style="list-style-type: none"> - claims started 	<p>Central Repository</p> <ul style="list-style-type: none"> • # of people exposed • # of clicks/accesses of the repository • # of activities conducted • # of likes (social media) • # or retweets/shares (social media) • # of resources distributed #/type of materials most and least used <p>Peer Support Program</p> <ul style="list-style-type: none"> • # of trained peers • # of Veterans referred to resources • Utilization of “hub” <p>Increase of VSOs</p> <ul style="list-style-type: none"> • # of new VSOs • % of counties with increases 	<ul style="list-style-type: none"> • Coordinate/develop & get buy-in to disseminate consistent marketing messages (social media) to promote engagement across agencies • Consult SME re: marketing/branding • Explore ETS sponsorship – Transitioning Service Members/Veteran & Suicide Prevention Center (TASC) • Identify someone who can utilize inherent metrics of social media tools (likes, views, re-posts, etc. [analytics]) to determine impact of outreach efforts • Continue delivering Peer Mentor Trainings to SMVF and supporters (Now) • Update Peer Mentor Manual with latest research and resources • Create central “hub” for peer mentoring in WA 	<p>Larry Pruitt</p> <p>Group 2</p> <p>Mary Forbes</p> <p>WDVA Social Media POC Gary L. or Jennifer M.</p> <p>Bryan Bales, Brett Bass</p> <p>Bryan Bales</p> <p>WDVA team</p> <p>Andrew Holstine</p>	<p>ON HOLD</p> <p>COMPLETE</p> <p>IN PROGRESS/PENDING</p> <p>August 2020 NOT COMPLETED</p> <p>IN PROGRESS</p> <p>June 2021</p> <p>June 2021</p> <p>August 2020</p>
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	(VSOs), in each county, to process claims	<p>NEED: Model/mechanism for doing this; Specific buy-in from counties</p>	<ul style="list-style-type: none"> - claims completed - VHA enrollments - counties with dedicated staff 		<ul style="list-style-type: none"> • Reach out to American Legion to talk with folks who currently perform this role • Network with county leaders to get buy-in to this model and to use county funding to pay for this staff position • VA and DVA collaborate to provide SAVE classes to VSOs 	<p>Mary Forbes/ Steve Gill</p> <p>Peter Schmidt, Steve Gill, Larry Pruitt</p>	<p>NOT COMPLETED</p> <p>IN PROGRESS</p> <p>January 2021</p>
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<p>3. Sufficiently fund programs for community and non-profit programs that serve Veterans.</p>	<p>3. Identify funding availability and ensure agencies are aware of funding availability</p>	<p>HAVE: Current collaboration with federal partners</p> <p>NEED Programs that serve as a clearinghouse for grant opportunities</p>	<p>Increased use of available funding by organizations</p>	<p># funding opportunities identified on rolling basis # of organizations contacted # of times opportunities were shared</p>	<ul style="list-style-type: none"> • Determine the feasibility of creating/contracting a “Grant Navigator” to help NGOs identify funding sources • Non-profit partner close to the state that could hire in support of identifying larger federal grants, paying for staff position with X% of received funding • Get/search list of registered Veteran-focused non-profits from state and use that to make contact with relevant NFPs via e-mail and letter • Develop a communication strategy – socialize the idea in order to make it happen 	<p>Larry Pruitt</p> <p>Group 2 members</p> <p>Andrew Holstine</p> <p>Group 2 members</p>	<p>August 2020 IN PROGRESS</p> <p>IN PROGRESS</p> <p>August 2020 NOT COMPLETED</p> <p>TBD 2021</p>
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PRIORITY AREA 3: LETHAL MEANS SAFETY AND SAFETY PLANNING

Goals	Strategies (Including EBPs, BPs)	Resources & Inputs	Outcomes & Evaluation Measures (Short Term)	Process (Output) Measures	Action Items	Responsible Person(s)	Timeline
<p>1. Increase public and policy maker awareness about suicide and firearm fatalities among SMVF and men in the middle years, with messaging that does not alienate those who are at the most risk.</p>	<p>1. Educate local, state, and federal policymakers about firearm fatalities and any policy needs stemming from the Governor’s Challenge</p>	<p>HAVE Firearms safety course curriculum built; Safer Homes taskforce buy-in</p> <p>NEED Need a marketing strategy to ensure firearms safety courses reaches maximum numbers of firearms owners</p> <p>Need to develop and disseminate fact sheet to legislature; schedule work study sessions</p>	<p>Education will result in an increase of: - Knowledge transfer of firearm-involved fatality data to elected officials/policymakers, their constituents, and to the public</p>	<p>Education:</p> <ul style="list-style-type: none"> • Proportion of elected officials and policymakers who have shared the information with their constituents • Method of share (mailers, newsletters, town hall sessions, videos, etc.) • # of legislative actions taken that reflects pre-existing firearm ownership and suicide prevention • # of news stories that discuss suicide prevention and lethal means 	<ul style="list-style-type: none"> • Generate & distribute fact sheets/infographics to send to elected officials and policymakers • Work with Washington State media to pitch stories about suicide prevention and recovery and what can be done regarding lethal means safety • Develop marketing strategy for firearms safety course and implement it ASAP • Develop quarterly calendar for firearms safety course • Develop fact sheet on the Governor’s Challenge, SMVF suicide, and its implications for the next legislative session • Request work study sessions to the legislature (joint session with Civil Rights & Judiciary, Healthcare and Housing, Community Development & Veterans committees) 	<p>Group 3 members</p> <p>Group 3 members</p> <p>Rebecca Vaux and Brett Bass at Forefront</p> <p>Codie Garza</p> <p>Tina Orwall</p>	<p>January 2021</p> <p>January 2021</p> <p>COMPLETE</p> <p>IN PROGRESS</p> <p>ASAP for informal request</p> <p>Informal request by end of August 2020</p> <p>STATUS UNKNOWN</p>

<p>2. Educate SMVF about firearm safety inclusive of lethal means safety.</p>	<p>1. Continue and expand dissemination of a free online course on firearms and lethal means safety that is already required as part of Washington's' I-1639</p> <p>2. Disseminate a toolkit to federal firearms licensees (FFLs) about their potential role in suicide prevention and public education about lethal means safety</p>	<p>HAVE Safer homes, Suicide Aware Campaign</p> <p>Established online training</p> <p>I-1639 requirement</p> <p>NEED Improved marketing strategy</p> <p>More partners for support</p> <p>HAVE Current FFL program</p> <p>NEED Improved marketing and reach/buy in</p>	<p>Education for SMVF aims to increase the following among firearm owners:</p> <ul style="list-style-type: none"> - Knowledge of firearm safety - Knowledge about suicide prevention and lethal means safety <p>Toolkit aims to increase FFLs':</p> <ul style="list-style-type: none"> - utilization of the Suicide Prevention Certification Program 	<p>Education for SMVF:</p> <ul style="list-style-type: none"> • # of participants • Evaluation of knowledge transfer after webinar among participants <p>Toolkit for FFLs:</p> <ul style="list-style-type: none"> • % of FFLs utilizing the certificate program • Level of comfortability using the certificate program 	<p>Education for SMVF:</p> <ul style="list-style-type: none"> • Increase partners who advocate for people taking the course • Improve marketing course • Require firearms safety inclusive of suicide prevention in statute with training to support the firearms industry to develop this competency to ensure lethal means safety is being taught for all new firearms purchases • Ensure that a free option for the course is available provided by Forefront Suicide Prevention <p>Toolkit for FFLs:</p> <ul style="list-style-type: none"> • Identify an FFL in each of the nine regions of the state to complete the following: <ul style="list-style-type: none"> ○ Annual suicide prevention training for staff ○ Integrating suicide awareness information into all firearms safety course materials ○ Distribution of SAFER HOMES materials with the purchase of all firearms ○ Advertising the free course on firearms safety and suicide prevention offered quarterly by SAFER HOMES 	<p>UW Forefront Team</p>	<p>IN PROGRESS</p>
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<p>3. Build into transition planning an opportunity to educate about lethal means safety as part of the SMVF transition program</p>	<p>HAVE</p> <p>NEED</p>	<p>Transition Education aims to increase:</p> <ul style="list-style-type: none"> - SMVF access to resources for behavioral health - help-seeking behavior - knowledge about suicide prevention and lethal means 	<p>Transition Education:</p> <ul style="list-style-type: none"> • # of SMVF counseled about lethal means safety 	<ul style="list-style-type: none"> ○ Integrate recommended policies and practices for suicide prevention • Research on FFLs and law enforcement barriers and current practices (work with HIPRC on this) • Convene Safer Homes task force to discuss in October • Meeting with AG's office 	<p>Team members 3, Forefront, & WDVA</p> <p>Team members 3, Forefront, & WDVA</p> <p>Team members 3, Forefront, & WDVA</p>	<p>COMPLETE</p> <p>COMPLETE</p> <p>COMPLETE & ONGOING</p>
<p>4. Expand LEARN SAVES LIVES across Washington State for SMVF and those who come in contact with SMVF</p>	<p>HAVE</p> <p>Existing LEARN SAVES LIVES curriculum</p> <p>NEED</p> <p>Improved reach to Veterans statewide</p>	<p>LEARN SAVES LIVES aims to increase:</p>	<p>LEARN SAVES LIVES:</p>	<p>LEARN SAVES LIVES</p> <ul style="list-style-type: none"> • Disseminate LEARN SAVES LIVES for SMVF to Military/Veteran community • Develop infrastructure to continue to offer these trainings on a continuing basis virtually and in person • Create inventory of groups to educate (include AARP, Faith based organizations) • Create “fillers” for newsletters to raise awareness • Partner/train with higher Ed 	<p>Emma/Vet Corps at Forefront & Bryan at WDVA</p> <p>Emma/Vet Corps at Forefront & Bryan at WDVA</p> <p>Safer Homes Task Force</p> <p>WDVA Communication Team & Suicide Prevention Resource Center (SPRC)</p> <p>Community of Practice (includes tribes)</p>	<p>January 2021</p> <p>January 2021</p> <p>COMPLETE</p> <p>October 2020 NOT COMPLETE</p> <p>NOT COMPLETE</p>

3. Assess the quality of the VA in offering the Safety Planning Intervention (SPI) inclusive of counseling around access to lethal means; train all tri-care providers in SPI and then subsequently assess their accountability in implementing SPI.	1. Develop and disseminate a course on firearms cultural competency and its impact on lethal means counseling to assist providers serving Veterans in having informed conversations about how means matter in the prevention of suicide	<p>HAVE funding available to develop course and SMEs in place</p> <p>NEED New videos for course</p> <p>Development of evaluation tool</p> <p>Develop course for on-line</p> <p>Dissemination on all patient's safe platform</p>	<p>Firearm Cultural Competency aims to increase: - confidence in counseling about lethal means - use of counseling around lethal means</p>	<p>Firearm Cultural Competency: # of counselors using best practices # of trainings provided</p>	<ul style="list-style-type: none"> • Develop a plan for dissemination of the three-hour course • Require that it be taken by providers serving Veterans within and outside the VA • Weekly meetings on course development • Require that providers affiliated with VA healthcare take advanced lethal means /military/firearm cultural competency training • Contact Tri-Care for buy-in • Develop a plan for dissemination 	<p>UW Forefront</p> <p>UW Forefront</p> <p>Dr. Jeff Sung Celena Veverka Larry Pruitt</p> <p>Dr. Jeff Sung Celena Veverka Larry Pruitt</p> <p>Jenn Stuber & Codie Garza</p> <p>UW Forefront</p>	<p>IN PROGRESS</p> <p>June 2021</p> <p>COMPLETE</p> <p>COMPLETE</p> <p>January 2021</p> <p>June 2021</p>
	2. Develop a training on the SPI intervention for use with Tri-Care providers	<p>HAVE</p> <p>NEED</p>	<p>SPI for Tri-Care providers aims to increase: -confidence in counseling about lethal means -use of counseling around lethal means</p>	<p>SPI for Tri-Care Providers: # of counselors using best practices # of trainings provided # of referrals made</p>			