- 1. Washington State Department of Veterans Affairs (WDVA), <a href="https://dva.wa.gov/">https://dva.wa.gov/</a>
  WDVA helps connect veterans and their family members to the benefits and services they earned through their military service.
- 2. Cohen Veterans Network (CVN), <a href="https://www.cohenveteransnetwork.org/">https://www.cohenveteransnetwork.org/</a>
  CVN provides high-quality, accessible, and integrated mental health care supporting veterans, active duty, and their families.
- 3. USO Northwest, <a href="https://northwest.uso.org/">https://northwest.uso.org/</a>
  USO offers programs for service members and their families that focus on wellness and resiliency as well as transition support.
- 4. Operation Homefront (OH), <a href="https://operationhomefront.org/">https://operationhomefront.org/</a>
  OH military family programs include Critical Financial Assistance, transitional & permanent housing, and caregiver & family support.
- 5. American Red Cross, <a href="https://www.redcross.org/about-us/our-work/military-families.html">https://www.redcross.org/about-us/our-work/military-families.html</a>

Red Cross provides military families with emergency communications, deployment services, financial assistance, & information referral.

- 6. National Military Family Association (NMFA), <a href="https://www.militaryfamily.org/">https://www.militaryfamily.org/</a>
  NMFA provides child care fee relief, military spouse scholarships, Operation Purple camps/retreats, and research and advocacy.
- 7. Military Family Advisory Network (MFAN), <a href="https://militaryfamilyadvisorynetwork.org/">https://militaryfamilyadvisorynetwork.org/</a>
  MFAN conducts research and connects military families to resources, including nationwide meal distributions.
- 8. United Through Reading (UTR), <a href="https://unitedthroughreading.org/">https://unitedthroughreading.org/</a>
  UTR connects military families separated by deployment or assignment by providing the bonding experience of shared storytime.
- 9. Blue Star Families (BSF), <a href="https://bluestarfam.org/">https://bluestarfam.org/</a>
  BSF empowers military & Veteran families to thrive by connecting them with their civilian neighbors and conducting research.
- **10.** Vet Tix, <a href="https://www.vettix.org/">https://www.vettix.org/</a>
  Vet Tix provides tickets to events to all branches of currently-serving Military and Veterans.



11. Our Military Kids (OMK), <a href="https://www.ourmilitarykids.org/">https://www.ourmilitarykids.org/</a>

OMK offers activity grants to children of deployed National Guard, deployed Reserve, or post 9/11 combat-injured service members.

12. Military OneSource, https://www.militaryonesource.mil/

Military OneSource from DoD is a 24/7 confidential resource for service members and military families to help them stay well and thrive.

13. FOCUS (Families OverComing Under Stress) Resilience Training, https://focusproject.org/

FOCUS provides resilience training to military children, families, and couples virtually and in-person at JBLM and NASWI.

14. Tutor.com, <a href="http://military.tutor.com/home">http://military.tutor.com/home</a>

Tutor.com for U.S. Military Families, funded by DoD & Coast Guard Mutual Assistance, provides free live, on-demand, online tutoring 24/7.

15. YMCA, <a href="https://www.ymca.org/what-we-do/social-responsibility/military-outreach">https://www.ymca.org/what-we-do/social-responsibility/military-outreach</a>

YMCA connects people through programs & services. Branches may offer military programming: outreach/memberships/respite childcare.

16. Boys & Girls Clubs of America (BGCA), <a href="https://www.bgca.org/about-us/military">https://www.bgca.org/about-us/military</a>

BGCA provides services to military-connected youth on- and off-installation and offers free Club memberships to military families.

17. Military Child Education Coalition (MCEC), <a href="https://www.militarychild.org/">https://www.militarychild.org/</a>

MCEC supports military-connected children by educating, advocating, and collaborating to resolve education challenges.

- 18. State Office of the Attorney General,
  - https://www.atg.wa.gov/veteran-and-military-resources

Washington State Office of the Attorney General's website & "Military & Veteran Legal Resource Guide" help the military community understand their rights & access legal resources.

19. SchoolQuest, <a href="https://schoolquest.militarychild.org/">https://schoolquest.militarychild.org/</a>

SchoolQuest was created by MCEC and is a free, easy-to-use tool to help parents of military-connected children manage school transitions.

20. Child Care Aware, <a href="https://www.childcareaware.org/fee-assistancerespite/">https://www.childcareaware.org/fee-assistancerespite/</a>

Child Care Aware of America partners with U.S. Military & DoD on Fee Assistance and Respite Child Care Programs for military families.



#### 21. Children's Museum at Joint Base Lewis McChord, <a href="https://greentrike.org/playjblm">https://greentrike.org/playjblm</a>

The Children's Museum at JBLM is the first children's museum on a U.S. military installation and has a "pay as you will" admission.

#### 22. Military Installation Recreation Programs/Morale Well-Being & Recreation (MWR):

WA State MWR programs on installation should be your first stop when looking for something to do. Gyms, golf courses, libraries, classes, bowling alleys, youth and teen centers, equipment rentals, sports programs, theatres - there is a place for everyone to plug in.

- Naval Base Kitsap (NBK)/Naval Air Station Whidbey Island (NASWI)/Naval Station Everett (NSE), <a href="https://www.navylifepnw.com/">https://www.navylifepnw.com/</a>
- · Joint Base Lewis McChord (JBLM), https://jblm.armymwr.com/programs/nac#
- Fairchild Air Force Base, <a href="https://www.fairchildfun.com/">https://www.fairchildfun.com/</a>
- Coast Guard Base Seattle, <a href="https://www.dcms.uscg.mil/Our-Organization/Director-of-Operational-Logistics-DOL/Bases/Base-Seattle/MWR/">https://www.dcms.uscg.mil/Our-Organization/Director-of-Operational-Logistics-DOL/Bases/Base-Seattle/MWR/</a>

#### 23. Military Installation Recreation Facilities, See Links Above

You can experience Washington's natural beauty through the more than 10 recreation facilities connected to Washington's Military Installations - most are available for military ID card holders to reserve (be sure to confirm with the installation). Naval Base Kitsap has Camp McKean (day use) with boat rentals and Trident Lakes (day use) with fishing; JBLM has North Lewis Travel Camp and the Holiday Park FamCamp as well as cabin rentals on American Lake. Fairchild AFB is home to a FamCamp and the Clear Lake Recreation Area with cabins, RV spots, and Yurt Rentals as well as swimming and boat rentals. Naval Station Everett oversees two recreation facilities: Jim Creek Wilderness Recreation Area in Arlington and the Pacific Beach Resort on the coast. The Westport Lighthouse Campground is managed by Coast Guard Base Seattle and overseen by Coast Guard Station Grays Harbor. Naval Air Station Whidbey Island offers Cliffside RV Park and Campground. The Camp Murray Beach and Campgrounds include RV and tents campsites; reservation are made through the National Guard Association of Washington (https://ngaw.org/campground/).

## 24. Navy-Marine Corps Relief Society (NMCRS), <a href="https://www.nmcrs.org/">https://www.nmcrs.org/</a>

NMCRS offers Quick Assist Loans, Visiting Nurses, Budget for Baby workshops, & thrift shops. Locations onboard NBK, NASWI, and NSE.

## 25. Army Emergency Relief (AER), <a href="https://www.armyemergencyrelief.org/">https://www.armyemergencyrelief.org/</a>

AER offers Financial Assistance, Quick Assist Programs, Educational Scholarships, & Child Care Assistance and has a location on JBLM.



#### 26. Military Installation Service Member and Family Support:

Washington State military installations offer Service Member and Family Support offices that provide a variety of career and life programs, including family advocacy, counseling, classes, child development, financial resources, and relocation/deployment/transition assistance. They can also help connect you to your assigned Ombudsman (Navy and Coast Guard), Key Spouse (Air Force), Family Readiness Officer (Marine Corps), or Family Readiness Support Advisor (Army) as well as Chaplains on your installation.

- Naval Base Kitsap (NBK)/Naval Air Station Whidbey Island (NASWI)/Naval Station Everett (NSE), https://www.navylifepnw.com/
- · Joint Base Lewis McChord (JBLM), <a href="https://home.army.mil/lewis-mcchord/index.php/about/">https://home.army.mil/lewis-mcchord/index.php/about/</a> <u>Directorates-support-offices/dpfr</u>
- Fairchild Air Force Base, <a href="https://www.fairchildfamilysupport.org/homepageContents/index">https://www.fairchildfamilysupport.org/homepageContents/index</a>
- Coast Guard Base Seattle, <a href="https://www.dcms.uscg.mil/Our-Organization/Director-of-Operational-Logistics-DOL/Bases/Base-Seattle/Work-Life/">https://www.dcms.uscg.mil/Our-Organization/Director-of-Operational-Logistics-DOL/Bases/Base-Seattle/Work-Life/</a>
- National Guard Joint Services Support (JSS), <a href="https://mil.wa.gov/family-programs">https://mil.wa.gov/family-programs</a>

#### 27. Air Force Aid Society (AFAS), <a href="https://afas.org/">https://afas.org/</a>

AFAS offers Financial Assistance; education scholarships, loans, and grants; Bundles for Babies classes, Car Care for deployed servicemember spouses, Child Care Programs (monthly child care breaks and child care for PCS moves); a Spouse Employment Program; and the Heart Link Spouse Orientation Program. Locations are available on JBLM and Fairchild AFB.

## 28. Coast Guard Mutual Assistance (CGMA), <a href="https://www.cgmahq.org/">https://www.cgmahq.org/</a>

CGMA offers Financial Assistance in a variety of program areas including (but not limited to): Emergency, Education, Quick Loan Process, Disaster, Layette Program, Special Needs, Adoption, Assisted Reproductive Services, Breast Milk Shipment, and PCS Child Care Reimbursement.

### 29. Operation VetCare (OVC), <a href="https://eangus.org/operation-vetcare/">https://eangus.org/operation-vetcare/</a>

OVC is a project of The Enlisted Association of the National Guard of the United States and provides financial assistance for Veterans, military service members, and military families.

### 30. Military Spouse Clubs

The Spouse Clubs connected with each of Washington's military installations offer opportunities to connect with other spouses, contribute to the community, and share resources.

- Coast Guard Base Seattle: <u>Peninsula Coast Guard Spouses' Association</u> (Port Angeles);
   <u>Emerald City Coast Guard Spouses' Club</u> (Seattle)
- · JBLM: Spouses' Club of Lewis McChord
- · Fairchild Air Force Base: Fairchild Spouses United
- NSE: Everett Officers' Spouses Club
- NASWI: Officers' Spouses' Club of Whidbey Island
- NBK: <u>Submarine Officers' Spouses' Association Washington</u>;
   West Sound Officers' Spouses' Club



"Serving Those Who Served"

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