



The Women Veterans Advisory Committee (WVAC) of  
**YOUR** Washington Department of Veterans Affairs (WDVA)

Presents a Quarterly

**Virtual Session for ALL Women Veterans!**

**Put on your calendar our final event in 2022 on November 23rd!**

## Lunch and Learn Series

Theme: Resiliency

Speaker: Carolyn Parisot

**August 24, 2022**

**11:30am-1:00pm**



### Theme: Resiliency

### Speaker: Carolyn Parisot

Carolyn is a retired law enforcement officer and previously also had careers as an attorney and as an enlisted soldier in both the Army and Army Reserves.

In her spare time, Carolyn conducts volunteer activities in support of veterans, first responders and at-risk youth as well as tending to her animals on her "mini-ranch".

Carolyn is currently serving as a committee member on the WDVA Women Veterans Advisory Committee.

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**Please Register on Eventbrite by clicking on this link:**

<https://www.eventbrite.com/e/wvac-quarterly-series-for-women-veterans-carolyn-parisot-on-resiliency-tickets-399923621317>

**After you register,**

you will receive an email with a ZOOM link to participate on August 24th.

***Please Invite your Veteran Sisters to join us!!!***

#### **Questions? Contact Liza S. Narciso**

Assistant to the Director & Washington State Women Veterans Coordinator

Email at: [lisan@dva.wa.gov](mailto:lisan@dva.wa.gov) or phone at 360-725-2157

#### **To follow WVAC visit our webpage:**

<https://www.dva.wa.gov/councils-committees/women-veterans>

