

**2024 COUNSELING AND WELLNESS PROVIDER DIRECTORY (as of April 2024)**

Counties	Therapist/Group Name/ Website	Phone Number	Address	Services				Foreign Languages Spoken	After Hours Services?	Military Service?	Family Member of a Veteran?	Type of Counseling/Certifications	Accepting New Clients?	Accepting VA Community Care?
				Individual	Couples	Family	Group							
Chelan Douglas Kittitas	Heather J. Hill, MA, LMHC Central Washington Veterans Counseling	509-667-8828	247 N Chelan Ave Wenatchee, WA 98801	Y	Y	Y	Y		case by case	Y	Y	Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting. LMHC, MA, LMFT, BA	Y	
Chelan Douglas Kittitas	S. Dianne Hansen, MA, LMHC Central Washington Veterans Counseling	509-667-8828	247 N Chelan Ave Wenatchee, WA 98801	Y	Y	Y	Y		case by case			Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting. LMHC, MA, LMFT, BA	Y	
Chelan Douglas Kittitas	Cathy Westermann, MA, LMHC Central Washington Veterans Counseling	509-667-8828	247 N Chelan Ave Wenatchee, WA 98801	Y	Y	Y	Y		case by case			Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR psycho-education, goal setting. LMHC, MA, LMFT, BA	Y	
Chelan Douglas Kittitas	Cynthia Buckley, MA, LMHC Central Washington Veterans Counseling	509-667-8828	247 N Chelan Ave Wenatchee, WA 98801	Y	Y	Y	Y		case by case			Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting. LMHC, MA, LMFT, BA	Y	
Chelan Douglas Kittitas	Suzan Dickinson, MA, LMFT Central Washington Veterans Counseling	509-667-8828	247 N Chelan Ave Wenatchee, WA 98801	Y	Y	Y	Y		case by case			Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting. LMHC, MA, LMFT, BA	Y	
Clallam	Dalis Lisbet La Grotta, M.A., LMHC Dalis La Grotta Counseling	206-854-4122	435 West Bell Street, Suite D Sequim, WA 98382	Y	Y	Y	Y	Spanish	5:00 - 7:00 Monday, flexible for accomodation	N		License Mental Health Counselor LMHC. International Certified Gambling Counselor IGCC-II. Board Approved Clinical Consultant BACC BAC1. Washington State Certified Problem Gambler II. WSGCC-II	Y	Y
Clark Skamania	Mike Shults	360-773-7911	4205 NW 153rd Street Vancouver, WA, 98685	Y	Y	Y	Y	None	No	Y		Licensed Mental Health Counselor	Y	
Clark Cowlitz	Brenda Larson, M.A., LMHC, CMHS Oasis Counseling	360-751-7213	1339 Commerce Ave #316 Longview, WA 98632	Y	Y	Y	Y	None	5:00 - 6:00 pm	N		CBT, Trauma Focus: Military Veterans, Couples. Children-Play Therapy / Sand Tray. LMHC, CMHS	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	Clark Ashworth, Ph.D. NE WA Family Counseling	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Y	Clinical Psychologist & Sex Offender Treatment Provider	Y	Y
Ferry Stevens Pend Oreille Spokane Colville Tribes	Emily Danekas, M.S., LMFT NE WA Family Counseling	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Y	Licensed Marriage and Family Therapist	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	Louis DiConti, M.S., LMHCA NE WA Family Counseling	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Y	Licensed Mental Health Counselor Associate	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	Rochelle DiConti, M.S., LMHC NE WA Family Counseling	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Y	Licensed Mental Health Counselor	Y	

Counties	Therapist/Group Name/ Website	Phone Number	Address	Services				Foreign Languages Spoken	After Hours Services?	Military Service?	Family Member of a Veteran?	Type of Counseling/Certifications	Accepting New Clients?	Accepting VA Community Care?
				Individual	Couples	Family	Group							
Ferry Stevens Pend Oreille Spokane Colville Tribes	Ronald Graham, MSW, LICSW NE WA Family Counseling	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Y	Licensed Independent Clinical Social Worker Associate	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	Kaali Sill, MSW, LMHC NE WA Family Counseling	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Y	Licensed Mental Health Counselor	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	Jon Vetten, M.S., LMHCA NE WA Family Counseling	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y Navy	N	Licensed Mental Health Counselor Associate	Y	
Franklin Benton	Roberto Valdez, Ph.D.	509-551-7074	100 N Morain Street, STE 210 Kennewick, WA 99336	Y	N	N	Y	Spanish	Yes, some evenings and some Saturdays	N		Cognitive Behavioral and Cognitive Processing Therapy, SFBT, Evaluations and PTSD Support Groups	Y	Y
Grant	Rob Bates, LMHC Bates Counseling Services www.batescounselingservices.com	425-477-9383	908 10th Ave SW Quincy, WA 98848	Y	Y	Y	Y	None	No	Y	Y	Licensed Mental Health Counselor CBT, CPT, Trauma Informed Care	Y	Y
Skagit	H Roksan Biktimir, Ph.D. Northsound Counseling	360-929-0180	720 Main Street, Suite 224 Mount Vernon, WA 98273	Y	Y	Y	N	None	No	N	Y	Licensed Mental Health Counselor	Y	Y
Island San Juan	Dan Abshere, MA Camano Counseling	360-826-7775	1283 Elger Bay Rd Camano Island, WA 98282-8375	Y	Y	Y	Y	None	Some evenings	Y		Licensed Mental Health Counselor Associate	Y	
King	Sam Schwartz Landrum, MSW, LICSW Iron Wheel Counseling	206-605-8998	4719 University Way NE, STE 206 Seattle, WA 98105	Y	Y	Y	N	None	Tuesdays, 6:00 -10:00 pm Fridays	N	Y	CBT, Mindfulness skills, DBT skills, Prolonged Exposure and Cognitive Processing Therapy, Integrated Behavioral Couples Therapy	Y	
King	Wendy David, Ph.D. www.theseattleclinic.com/wendy-david- phd	425-891-5400	P.O. Box 31025 Seattle, WA 98103	Y	Y	N	Y	Braille	Thursdays & Saturdays 8:30 - 5:00	N		CBT, Prolonged Exposure, ACT	N	N
King	Michael J. Phillips, Psy.D.	425-364-8740	310 Third Ave NE, #114 Issaquah, WA 98027	Y	Y	N	N	None	No	N		Licensed Psychologist	Y	
King	Bridgette Agpaoa Ryder, EdD, LMHC, SUDP Tukwila Counseling & Consultation Services	206-351-7001	16000 Christensen Blvd Suite 110 Tukwila, WA 98188	Y	N	N	N	None	No	N		Client Centered, Cognitive Behavioral, Dialectical Behavioral, Solution Focused, Motivational Enhancement Therapies, Service Coordination, Couples and Family Systems	Y	N
King	Robert Wilson, LMHC Valley Cities Counseling www.valleycities.org	253-833-7444	221 Wells Ave S Renton, WA 98057	Y	N	N	N	None	No	Y Navy		CBT, Trauma Informed Care	Y	N
King	Maggie Yowell Wilson, LMHC Owls Well Counseling www.maggiyowellwilson.com	206-606-3545	438 SW 4th Pl Renton, WA 98057	Y	Y	Y	Y	None	No	N	Y	LMHC, Child Mental Health Specialist, Geriatric Mental Health Specialist, Registered Drama Therapist, Registered Expressive Arts Therapist. Trained in CBTp, DBT, EMDR, Motivational Interviewing; use of play therapy and sandplay.	Y	N
King Pierce	Rebecca Shaver, LMHC Collaborative Behavioral Approach	253-355-7428	502 2nd Ave NE Puyallup, WA 98372	Y	N	Y	N	None	By Appointment	N	Y	LMHC, MHP, CBT, CPT, DBT, Mindfulness, Trauma Informed Care	Y	
King Pierce	Lisa Allen, MSW, LICSW Allen Wellness Center allenwellnesscenter.org	253-213-2182	6212 75th Street West Lakewood, WA 98499	Y	Y	Y	Y	None	No	Y		CBT, CPT, DBT, CETA	Y	Y
King	Scott Morrison, LICSW Morrison Therapies PLLC	206-472-5821	4500 9th Ave NE, Suite 300 Seattle, WA 98105	Y	N	N	N	None	Wed., Sat.	N		CBT-SUD, MET, motivational interviewing, narrative, mindfulness	Y	N
King	Heather Gebhardt Valor Psychology Northwest, PLLC www.valorpsychologynw.com	206-792-9089	4215 SW Juneau Street Seattle, WA 98136 (Mailing Address, Currently Telehealth Only)	Y	N	N	Y	None	Yes	N	Y Spouse	Licensed Clinical Psychologist, Board Certified in Behavioral & Cognitive Psychology; CBT; DBT; Cognitive Processing Therapy and Prolonged Exposure	N	N

Counties	Therapist/Group Name/ Website	Phone Number	Address	Services				Foreign Languages Spoken	After Hours Services?	Military Service?	Family Member of a Veteran?	Type of Counseling/Certifications	Accepting New Clients?	Accepting VA Community Care?
				Individual	Couples	Family	Group							
Kitsap	Jody Stewart, M.A., LMHC Mental Health Professionals, LLC	360-620-3722	820 Pacific Ave, Suite 201 Bremerton, WA 98377	Y	Y	N	Y	None	Mon - Thurs, 9:00 - 8:00	N		MA, LMHC, CBT, DBT, CPT, ACT, WET	Y	Y
Mason Kitsap	Adrian R. Magnuson-Whyte, Ph.D., LMHC, CCMHC, DCMHS Mental Health Professionals, LLC www.mhp-llc.com	360-462-3320	2136 Olympic Highway North Shelton, WA 98584	Y	N	N	Y	None	No	Y British		Trauma-Focused CBT, Solution-Focused	Y	Y
Pacific Grays Harbor	Robert Holt, LMHC	360-532-4201	1210 Madison St Aberdeen, WA 98520	Y	Y	Y	N	None	No	N		LMHC, TF-CTB, Behavioral Specialist	N	
Pierce	Virginia Cailleateau, LICSW Horses Guiding Humans	360-339-6084	26812 118th Ave E Graham, WA 98338	Y	Y	Y	N	None	No	N	N	Equine Assisted psychotherapy, motivational interviewing, cognitive behavioral therapy, solution focused therapy, mindfulness, somatic- aware therapies including Hakomi, trauma informed therapies	Y	Y
Pierce	Deborah Lopez	253-272-4432	26812 118th Ave E Graham, WA 98338	Y	Y	Y	N	None	10:00 - 7:00 pm	N		Trauma Focused, Complex Trauma, Systems, Solution- Focused	Y	N
Skagit Island Whatcom	Bridget C. Cantrell, Ph.D. Cantrell Counseling, Inc. www.bridgetcantrell.com	360-714-1525	1050 Larrabee Avenue, Suite 104, PMB 714 Bellingham, WA 98225 (offices in Mt. Vernon & Whidbey Island)	Y	Y	Y	N	None	Some later appointments available in Bellingham	N	Y Daughter	Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, psycho-education, goal setting.	Y	Y
Spokane	Dennis Pollack, Ph.D. Pollack & Associates	509-747-1456	301 W Indiana, STE C Spokane, WA 99205	Y	Y	N	N	None	Yes, as needed	N		Licensed Psychologist	Y	
Thurston	Carel Camerer, MA, LMHC, LMT	360-352-7066	2237 29th CT NW Olympia, WA 98592	Y	Y	Y	Y	SEE (Signed Exact English)	No	N	Y	Advanced EMDR	Y	Y
Thurston	Virginia Cailleateau, LICSW Evenstar Counseling	253-257-9137	2024 Caton Way SW. Suite 103 Olympia, WA. 98502	Y	Y	N	N	None	No	N	N	Somatic-based therapies including Hakomi, motivational interviewing, mindfulness, trauma informed therapies	Y	Y
Yakima	Duane Dolliver, M.S., LMHC, LMFC Center for Counseling & Psychotherapy www.ccpicare.com	509-966-7246	1015 S 40th Ave, STE 23 Yakima, WA 98908	Y	Y	Y	N	None	5:00 - 7:00 pm	N		Dual Certified Licensed Mental Health Counselor (LHMC) and Licensed Marriage & Family Therapist (LMFT). Over 25 years experience working with our Military, Veterans and their Families.	Y	