

2019 COUNSELING AND WELLNESS PROVIDER LISTING

Therapist/Group Name/Website	Phone Number	Address	County	Services				Foreign Languages Spoken	After Hours Services?	Military Service? Y/N	Type of Counseling/Certifications	Accepting New Clients
				Individual	Couples	Family	Group					
Doctor Diane Diane Adams, Ph.D. www.doctordiane.com	253-852-4699	1412 SW 43rd Street, STE 240 Renton, WA 98057	King	Y	Y	N	Y	None	No	N	Licensed Psychologist	Y
Doctor Diane Jonathan DeBoard, MS, LMFT, M.Div. www.stronghomesproject.com	425-247-1540	1412 SW 43rd Street, STE 240 Renton, WA 98057	King	Y	Y	Y	N	None	No	Y	LMFT	Y
Doctor Diane James Marshall, MA, LMHC	206-708-6095	11750 2nd Ave NW Seattle, WA 98177	King	Y	Y	N	N	None	No	N	LMHC	Y
Akers Counseling Laurie Akers, M.A., LMHC	425-388-0281	2326 Rucker Ave Everett, WA 98201	King Snohomish	Y	Y	N	partners	No	5:00 -6:00 pm	N	Licensed Mental Health Counselor; CBT, EMDR, Trauma Informed Care, Mindfulness	Y
Akers Counseling Jim Tufts, MSW, LICSW	425-385-3556	1814 105th St SE Everett, WA 98208	King Snohomish	Y	Y	Y	N	No	5 pm is latest	N	trauma, abuse, depression, anxiety	Y
Akers Counseling Ann Lee, LICSW	206-381-1331	2326 Rucker Ave Everett, WA 98201	King Snohomish	Y	Y	N	N	No	5:00 -6:00 pm	N	EMDR, ego states work, mindfulness and somatic work addressing trauma, abuse depression and anxiety	Y
Akers Counseling Julie Androff Ohnemus, LICSW	425-412-0835	2326 Rucker Ave Everett, WA 98201	King Snohomish	Y	Y	N	N	No	5 pm is latest	N	CBT, Mindfulness-based, Somatic- based, DBT	Y
Christian Alexander, M.S., LMHC www.cmalexandertherapy.com	206-708-4278	34004 9th Ave S, STE A-11 Federal Way, WA 98003	King Pierce	Y	N	N	Y	some Spanish, Swedish	No	N	MS in clinical psych, specialization in Mindfulness-Based Cognitive Therapy. Extensive training in Cognitive Processing Therapy and Dialectical Behavior Therapy. LMHC, Clinical Hypnotherapist	N
Castele Williams & Assoc. John Castele, LMFT	206-492-9196	17205 Vashon Highway SW, STE D2 Vashon, WA 98070	King	Y	Y	Y	Y	None	No	Y	LMFT, LMHC, DVC, CDP	Y
Wendy David, Ph.D. www.seattlepsychology.com	425-891-5400	200 W Mercer Street, STE 111 Seattle, WA 98119	King	Y	Y	N	Y	Braille	Thursdays & Saturdays 8:30 - 5:00	N	CBT, Prolonged Exposure, ACT	Y
Autumn del Fierro, Ph.D.	206-659-8107	10740 Meridian Ave N, STE 110 Seattle, WA 98133	King	Y	Y	N	N	No	Wed & Thurs, 7 pm latest	N	Psychologist, CBT, ACT, Mindfulness, DBT skills, Prolonged Exposure, Motivational Interviewing, trauma, depression, anxiety spectrum	Y
Eastside Psychological Associates www.eastsidepsychologicalassociates.com	425-458-5048	1740 NW Maple St, STE 210 Issaquah, WA 98027	King	Y	Y	Y	N	No	Some limited appointments after 5 p.m.	N	Psychologist, LMFT/LMHC, children, adolescents, families, couples, women, adults	Y

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Eastside Psychological Associates	425-458-5048	8226 Bracken Pl SE, STE 200 Snoqualmie, WA 98065	King	Y	Y	Y	N	No	Some limited appointments after 5 p.m.	N	Psychologist, LMFT/LMHC, children, adolescents, families, couples, women, adults	Y
Eastside Psychological Associates	425-458-5048	19803 North Creek Parkway, #205 Bothell, WA 98011	King	Y	Y	Y	N	No	Some limited appointments after 5 p.m.	N	Psychologist, LMFT/LMHC, children, adolescents, families, couples, women, adults	Y
Micheal Kane, Psy.D., LICSW www.mkaneassoc.com	206-723-8448	2711 E Madison St, STE 206 Seattle, WA 98112	King	Y	Y	Y	Y	No	5:30 - 8:30 pm Mon - Thurs	Y	Psy.D., Traumatologist, Minority Mental Health, EMDR, Depression and Anxiety, Male Sexual Abuse, CBT, Prolonged Exposure	Y
Sam Schwartz Landrum, MSW, LICSW	206-605-8998	4719 University Way NE, STE 206 Seattle, WA 98105	King	Y	Y	Y	N	No	Tuesdays, 6:00 -10:00 pm	N	CBT, Mindfulness skills, DBT skills, Prolonged Exposure and Cognitive Processing Therapy, Integrated Behavioral Couples Therapy	Y
Ronald Lowell, MSW, LICSW	206-902-7210	4719 University Way NE, STE 206 Seattle, WA 98105	King	Y	Y	Y	Y	No	Saturdays upon request	N	LICSW, MAC, CDP, Mindfulness based Trauma Recovery, CTB	Y
Golden Path Journey Laura Merritt, LICSW www.goldenpathjourney.com	206-579-3066	506 2nd Ave #1400 Seattle, WA 98104	King	Y	Y	N	N	No	No	N	CPT, PE, EMDR, CBT for depression and insomnia	Y
Greg Moore, LMFT www.moorecounselingfederalway.com	253-205-5966	33507 9th Ave S, STE C-2 Federal Way, WA 98003	King	Y	Y	N	N	No	No	Y	LMFT	Y
Terry O'Neil, Ph.D.	425-990-9840	1800 112th Ave NE, STE 322E Bellevue, WA 98004	King	Y	N	N	N	No	No	N	Licensed Psychologist	Y
Michael J. Phillips, Psy.D.	425-392-0277	300 NE Gilman Blvd, #100 Issaquah, WA 98027	King	Y	Y	N	N	No	No	N	Licensed Psychologist	Y
Stephen Riggins, M.Ed., LMHC www.theveteranadvisor.com	206-898-1990	4500 9th Ave NE, STE 300 Seattle, WA 98105	King	Y	Y	Y	N	No	Yes, by appt only	Y AF	EMDR, Level 1 & 2 Men and Women, Court Advocate, Evaluations, LMHC	Y
Jack Ringel, MSW, LICSW www.jackringel.com	206-512-5861	1200 Westlake Ave N, STE 901 Seattle, WA 98109	King	Y	N	N	Y	No	No	N	LICSW, Psychotherapist	Y
Rebecca Shaver, LMFTA	253-355-7428	502 2nd Ave NE Puyallup, WA 98372	King Pierce	Y	Y	Y	N	No	By Appointment	N	LMFT, DVC, CBT, Trauma Informed Care	Y
Ström Counseling Eric Ström, LMHC, JD www.strom-consulting.com	206-295-0076	150 Nickerson Street, STE 303 Seattle, WA 98109	King	Y	N	N	N	No	No	Y Navy	Mostly Cognitive Behavior Modification (CBM) based, but with many other influences/elements	Y
Valley Cities Counseling Robert Wilson, LMHC Starr Lehnus, LICSW	253-833-7444	2704 "I" St NE Auburn, WA 98002	King	Y	N	N	N	No	No	Y Navy	CBT, EMDR, Trauma Informed Care	Y

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Valley Cities Counseling Robert Wilson, LMHC Starr Lehnus, LICSW www.valleycities.org	253-833-7444	1336 S. 336th Street Federal Way, WA 98003	King	Y	N	N	N	No	No	Y Navy	CBT, EMDR, Trauma Informed Care	Y
Valley Cities Counseling Robert Wilson, LMHC Starr Lehnus, LICSW	253-833-7444	325 West Gowe St Kent, WA 98032	King	Y	N	N	N	No	No	Y Navy	CBT, EMDR, Trauma Informed Care	Y
Valley Cities Counseling Robert Wilson, LMHC Starr Lehnus, LICSW	253-833-7444	8444 Rainier Ave S Seattle, WA 98118	King	Y	N	N	N	No	No	Y Navy	CBT, EMDR, Trauma Informed Care	Y
Valley Cities Counseling Robert Wilson, LMHC Starr Lehnus, LICSW	253-833-7444	221 Wells Ave S Renton, WA 98057	King	Y	N	N	N	No	No	Y Navy	CBT, EMDR, Trauma Informed Care	Y
Valley Cities Counseling Robert Wilson, LMHC Starr Lehnus, LICSW	253-833-7444	26401 Pacific Hwy S Des Moines, WA 98198	King	Y	N	N	N	No	No	Y Navy	CBT, EMDR, Trauma Informed Care	Y
Cantrell Counseling, Inc. Bridget C. Cantrell, Ph.D. www.bridgetcantrell.com	360-714-1525	1229 Cornwall Ave, STE 207-B Bellingham, WA 98225 (offices in Mt. Vernon & Whidbey Island)	Skagit Island Whatcom	Y	Y	Y	N		Some later appointments available in Bellingham	N	Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, psycho-education, goal setting.	Y
Castele Williams & Assoc. John Castele, LMFT	253-536-2881	711 South 25th Street Tacoma, WA 98405	Pierce	Y	Y	Y	Y	No	No	Y	LMFT, LMHC, DVC, CDP	Y
Sue Dickinson, M.A., LMFT Veterans Counseling of Central Washington	509-667-8828	610 North Mission St, STE 202 Wenatchee, WA 98801	Chelan Douglas Kittitas	Y	Y	Y	Y	some Spanish	case by case	N	Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting. MSW, MA, LMFT, BA	Y
Robert Holt, LMHC	360-532-4201	1210 Madison St Aberdeen, WA 98520	Pacific Grays Harbor	Y	Y	Y	N	No	No	N	LMHC, TF-CTB, Behavioral Specialist	N
Center for Counseling & Psychotherapy Duane Dolliver, M.S., LMHC, LMFC www.ccpwecare.com	509-966-7246	1015 S 40th Ave, STE 23 Yakima, WA 98908	Yakima	Y	Y	Y	N		5:00 - 7:00 pm	N		
Jodie Field, M.S., LMHC	509-826-5731	101 E Dewberry Omak, WA 98841	Okanagan	Y	Y	Y	N	No	No	N	Licensed Mental Health Counselor	Y
Oasis Counseling Brenda Larson, M.A., LMHC, CMHS	360-751-7213	1339 Commerce Ave #316 Longview, WA 98632	Clark Cowlitz	Y	Y	Y	Y	No	5:00 - 6:00 pm	N	CBT, Trauma Focus: Military Veterans, Couples. Children-Play Therapy/Sand Tray. LMHC, CMHS	Y
Mental Health Professionals, LLC Adrian R. Magnuson-Whyte, Ph.D., LMHC, CCMHC, DCMHS www.mhp-llc.com	360-462-3320	1620 Olympia Hwy North Shelton, WA 98584	Mason Kitsap	Y	N	N	Y	No	No	Y British	Trauma-Focused CBT, Solution-Focused	Y

				Services								
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Mental Health Professionals, LLC Jody Stewart, M.A., LMHC	360-620-3722	820 Pacific Avenue, STE 201 Bremerton, WA 98337	Kitsap	Y	Y	N	Y	No	Mon -Thurs 9:00 - 8:00	N	MA, LMHC, CBT, DBT, CPT	Y
Keith Meyer, M.S., LMHC	360-250-0781	1219 11th Ave SE, STE 103 Olympia, WA 98506	Thurston	Y	Y	Y	Y	No	Yes, some evenings and some Saturdays	N	Eclectic	Y
Stacey Hallmark-Morales, MA, LMHC www.hallmark-morales-counseling.com	360-561-4796	1219 11th Ave SE, STE 101 Olympia, WA 98506	Thurston	Y	Y	Y	Y	No	Workshops/groups only; latest appointment @ 4:45 pm	N	LMHC, CBT, TF-CPT, Solution Focused Therapy, Attachment based relationship counseling/Gottman trained, specialization in sexual health, working toward certification in sex therapy/sexual health	Y
NEW Family Counseling Clark Ashworth, Ph.D.	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Ferry Stevens Pend Oreille Spokane Colville Tribes	Y	Y	Y	Y	No	No	Y	Clinical Psychologist & Sex Offender Treatment Provider	Y
NEW Family Counseling Kaali Sill	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Ferry Stevens Pend Oreille Spokane Colville Tribes	Y	Y	Y	Y	No	No	N	Licensed Mental Health Counselor	Y
NEW Counseling Ronald Graham	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Ferry Stevens Pend Oreille Spokane Colville Tribes	Y	Y	Y	Y	No	No	Y	Licensed Independent Clinical Social Worker Associate	Y
NEW Counseling Rochelle DiConti, MS	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Ferry Stevens Pend Oreille Spokane Colville Tribes	Y	Y	Y	Y	No	No	Y	Licensed Mental Health Counselor	Y
Dennis Pollack, Ph.D.	509-747-1456	301 W Indiana, STE C Spokane, WA 99205	Spokane	Y	Y	N	N	No	Yes, as needed	N	Licensed Psychologist	Y
Peninsula Behavioral Health Iona, MSW, LICSW Greg, LMHC Kim, MSW, LICSW Evelyn, LMHC Kelly, MSW, LICSW	360-457-0431	118 East 8th Street Port Angeles, WA 98362	Clallam Jefferson	Y	Y	N	Y	No	Mon & Thurs until 7:30	N	EMDR, Trauma, CBT, DBT, Abuse, Depression, PTSD, Goal Setting, Anxiety	Y

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Peninsula Behavioral Health Iona, MSW, LICSW Greg, LMHC Kim, MSW, LICSW Evelyn, LMHC Kelly, MSW, LICSW	360-681-0585	490 North 5th Ave Sequim, WA 98382	Clallam Jefferson	Y	Y	N	Y	No	Mon & Thurs until 7:30	N	EMDR, Trauma, CBT, DBT, Abuse, Depression, PTSD, Goal Setting, Anxiety	Y
Jack Stell, LMFT www.brain-healing.net	509-221-0425	11504 E Fairview Ave Spokane Valley, WA 99206	Spokane	Y	Y	Y	Y	No	9:00 to 6:00 Monday, Tues, Thurs, Fri, 1:00 to 8:00 Wednesday. Available via email outside regular business hours	Y Navy	EMDR Approved Clinician and Approved Consultant, Gorski Relapse Prevention Method, Neurofeedback, Psycho-educational Workshops	Y
Darlene Tewault, M.A., LMHC	360-330-2832	2340 Harrison Ave Centralia, WA 98531	Lewis Cowlitz	Y	Y	N	N	No	Mon, Tues, Thurs 8:00 am - 7:30 pm Wed & Fri 8:00 am - 4:00 pm	N	BA, MA, Psych A Community Counselor, Natl Assoc for Forensic Counseling, Certification for Domestic Violence	Y
Roberto Valdez, Ph.D.	509-543-7253 509-551-7690	100 N Morain Street, STE 309 Kennewick, WA 99336	Franklin Benton Grant	Y	Y	Y	Y	Spanish	Yes, some evenings and some Saturdays	N	Cognitive Behavioral and Cognitive Processing Therapy, SFBT, Evaluations and PTSD Support Groups	N
WSU Psychology Clinic / Walter Scott Conny Kirchhoff, Assistant Director www.psychologyclinic.wsu.edu	509-335-3587	Johnson Tower, Rm 362 Pullman, WA 99164	Whitman	Y	Y	N	Y	German	Telephone crisis line	N	Evidence based trauma interventions, APA approved training site for doctoral Ph.D. students in Clinical Psychology	Y