

JBLM | Directorate of Personnel & Family Readiness

Guest Speaker & Meet and Greet

**Sep. 10**

With:

**Herschel Walker**

In partnership with Patriot Support Program Anti-stigma Campaign



*"There is no shame in asking for help, I did."*

-Herschel Walker

Professional Athlete, Author and Businessman

**In concurrence with Suicide Awareness & Prevention Month,  
Herschel Walker is coming to Joint Base Lewis-McChord.**

Join us at one of these free sessions to hear Herschel Walker speak about his personal journey.

Since the release of his 2008 memoir, "BREAKING FREE: My Life with Dissociative Identity Disorder," Herschel has visited numerous military installations and shared his story of hope with thousands of Service Members and their Families.

*Attendees are welcome to bring memorabilia for Herschel to sign. Limit one autograph per person.*

**9 a.m.**

**Carey Theater**  
Bldg. 2136, Liggett Ave.  
JBLM Main

**1 p.m.**

**McChord Theater**  
Bldg. 742 COL Joe Jackson Blvd  
JBLM McChord Field

For more information, visit our website at: [jblmdpfr.com](http://jblmdpfr.com).

To learn more about Herschel Walker's journey or the Patriot Support Program,  
visit: [www.patriotsupportprogram.com/](http://www.patriotsupportprogram.com/).

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